The Expanded Role of the RN in Community-Based Primary Care Settings

Nurse-Led Care Conference 2019



Welcome



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Objectives



- Discuss the need for the RN role in primary care settings.
- Identify current contributions the RN can make to the primary care delivery system.
- Demonstrate the value of added knowledge, skills, and attitudes for practicing RNs and BSN students to deliver primary care.



Kahoot!

Let's get to know each other!



On your mobile device, please go to: www.kahoot.it



The Call from HRSA



- Nurse Education, Practice, Quality, and Retention (NEPQR)

 Registered Nurses in Primary Care (RNPC) training
 program
- Four year training nursing students and current RN's to practice at full scope of license in primary care
- Emphasizing chronic disease management, mental health, substance use conditions
- This initiative will improve population health outcomes through three priority areas – education, practice, & retention



Current State of Healthcare

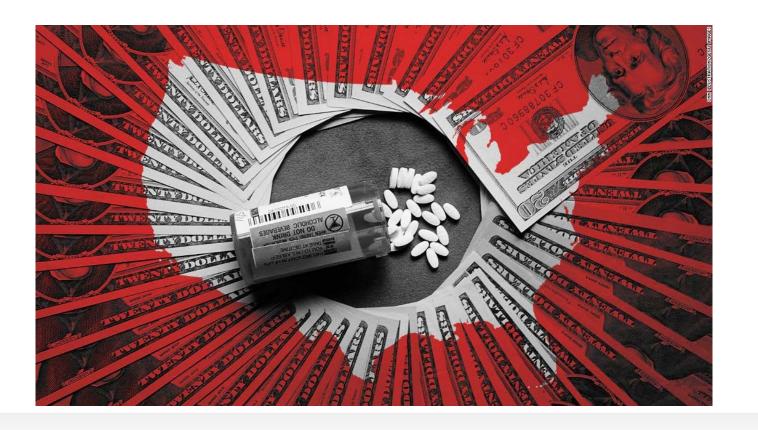
 Comparisons of United States to other comparable countries (similar in size and wealth) – US has higher rates for the following

All-causes of leading causes of death

- Premature death
- Healthcare related death
- Health Outcomes Lagging (2019)
 - In Ohio, we are ranked 46 in health value
 - Less healthy and spend more than other states



US Health Care Costs





Health-Related Core Needs in Clinical Settings



Food insecurity







Housing instability



These are the five <u>core</u> determinants of health (CDH) factors selected by The Centers for Medicare & Medicaid Services (CMS) based on:

- 1. High-quality evidence exists linking these CDH to poor health and/or increased health care utilization and cost
- 2. The need can be met by community service providers
- 3. The need is not systemically addressed by health care providers



Primary Care Team - Learning from Effective Ambulatory Practices





RNs Addressing Core Needs in Primary Care

- RNs provide a unique set of clinical and management skills
 - Enhances the primary care team
 - Improves patient care
 - Core members of a primary care team
 - Specialized providers of care management





The Role of the RN in Primary Care

- Complex care management
- Care coordination
- Leadership of care teams/Team lead
- Shared visits with providers
- Running specialized care services
- Providing independent visits and medication titration by protocol







Registered Nurses: Partners in Transforming Primary Care

Proceedings of a conference on Preparing
Registered Nurses for Enhanced Roles in Primary Care

Chaired by

Thomas Bodenheimer, MD, MPH and Diana Mason, PhD, RN, FAAN

June 2016 Atlanta, Georgia



RNs: Partners in Transforming Primary Care

Conference conclusions & recommendations:

- Current organization insufficient to meet healthcare needs of public
- Resources allocated are insufficient
- RNs ideal team members to expand primary care capacity
- Practices utilizing RNs in enhanced roles show improved health outcomes, reduced costs and greater patient satisfaction



RNs: Partners in Transforming Primary Care

Conference conclusions & recommendations:

"We cannot meet the primary care needs of the nation unless RNs are part of the solution, and we must prepare them appropriately and use them for this role."



RNs: Partners in Transforming Primary Care

Conference conclusions & recommendations:

- Some state laws do not allow RNs to practice at top of scope
- Much of RN work is not currently reimbursable
- New payment models are needed to facilitate growth







IMPROVING DIAGNOSIS IN HEALTH CARE ONAPLIA CHURW REBIER The National Academies of SCIENCES · ENGINEERING · MEDICINE

"Diagnostic errors are an urgent public health concern and are responsible for 40,000 – 80,000 deaths per year."

IMPROVING DIAGNOSIS IN HEALTH CARE ONAPITA CHURW REBIER The National Academies of SCIENCES · ENGINEERING · MEDICINE

"Nurses can contribute to diagnostic accuracy by sharing their observations and conclusions with the healthcare team."

Malpractice Cases

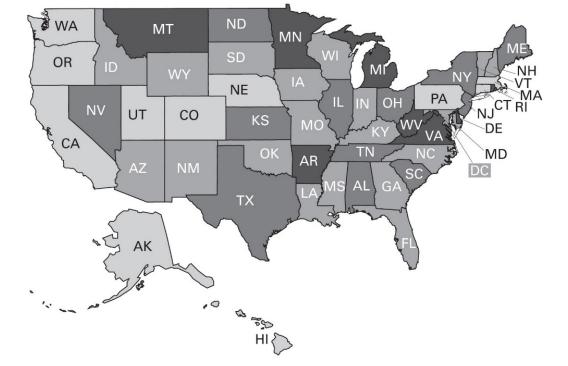


New research from: Crico strategies





Regulatory Implications of Engaging RNs in Diagnoses



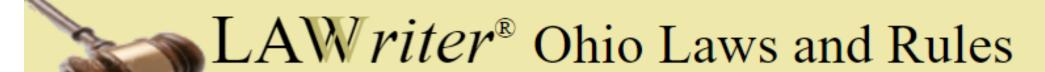
- No specific language addresses diagnosis in the NPA
- Restricted language: NPA expressly restricts RNs from contributing to medical diagnosis
- Mursing diagnosis language is used in the NPA
- Unrestricted language: NPA allows RNs to contribute to a patient's diagnosis as within their scope of practice

Note. APRN = advanced practice registered nurse; NPA = nurse practice act; RN = registered nurse.

Source. National Council of State Boards of Nursing. (2018, April 23). APRN consensus implementation status.



Prohibited Practice



Route: Ohio Administrative Code » 4723 Ohio Board of Nursing

ORC 4723.151 Unlicensed practice:

Medical diagnosis, prescription of medical measures, and the practice of medicine or surgery or any of its branches by a nurse are prohibited.



Nursing Diagnosis



Route: Ohio Administrative Code » 4723 Ohio Board of Nursing

OAC: 4723-4-01(B8): Nursing Diagnosis:

"Nursing diagnosis" means the identification of a patient's needs or problems which are amenable to nursing intervention.



Recommendations for Full Incorporation of RNs in the Diagnostic Process

- Reform state scope-of-practice regulations to support RN
- Adopt a common conceptual model of diagnosis
- Adopt a common language for diagnosis
- Designate and adopt an appropriate set of RN competencies for diagnosis





Medication Titration in Ohio



State Medical Board of Ohio 30 E. Broad St., 3rd Floor Columbus, OH 43215-6127 614-466-3934



Ohio State Board of Pharmacy 77 S. High Street, 17th Floor Columbus, OH 43215-6126 614-466-4143



Ohio Board of Nursing 17 S. High Street, Suite 400 Columbus, OH 43215-7410 614-466-3947

JOINT REGULATORY STATEMENT Regarding the Use of Protocols to Initiate or Adjust Medications May 2014



Joint Regulatory Statement

The Pharmacy Board rule on protocols, 4729-5-01(L) O.A.C., permits reliance on protocols in only **5 situations**:

- 1. Emergencies
- 2. Administration of biologicals for the purpose of preventing diseases
- 3. Administration of vaccines for the purpose of preventing diseases
- 4. Administration of vitamin K for the prevention of vitamin K deficient bleeding in newborns
- 5. Administration of erythromycin for prevention of ophthalmia neonatorum

To administer a listed drug using protocols would be the unauthorized practice of medicine, which is a **felony** in Ohio.



AAN Recommendations on Policy Related to BSN-RN in Primary Care

- Support coordinated response by health professionals to include BSN-RNs in primary care
- Educate state legislators, policy makers, and BONs on the importance of removing barriers to enhance RN licensure
- Support BON for RNs to practice at the full scope of their license



MERICAN ACADEMY OF NURSING transforming health policy and practice through nursing knowledge

AAN Recommendations on Policy Related to BSN-RN in Primary Care

- Encourage all health care payers to consider the added value that BSN-RN care coordination provides
- Limit BSN-RN time on non-nursing tasks
- Increase the general public's understanding of the role of the BSN-RN in primary care





AAN Recommendations on Policy Related to BSN-RN in Primary Care

- Provide an Academy liaison to the NCSBN to address barriers in state practice acts for BSN-RNs
- Nursing organizations align to adopt a uniform policy/position statement for BSN-RN in primary care
- Support funding for research to demonstrate the impact on health outcomes associated with BSN-RN in primary care





The Ohio State University College of Nursing initiatives

- Residency
- Certificates
 - Workforce Development
 - Academic (RN to BSN)
- Curriculum integration
 - Clinical experiences





Meeting Future of Nursing Recommendations in Practice

- 1. "The nursing profession must adopt a framework of continuous, lifelong learning that includes basic education, residency programs, and continuing competence."
 - $\star\star\star$
- 2. "More nurses must receive a solid education in how to manage complex conditions coordinate care with multiple health professionals."
 - * * *
- 3. "Faculty should partner with healthcare organizations to develop and prioritize competencies so curricula can be updated regularly to ensure that graduates at all levels are prepared to meet the current and future health needs of the population."



Meeting Future of Nursing Recommendations in Practice

Partner Liaison/Residency Director









Role of Partner Liaison

- Establish and maintain open communication with community
- Assess needs for RNs in primary care
- Recruit RNs in primary care
- Act as professional advisor
- Continuing Education
- Online Preceptor training





Role of Residency Director

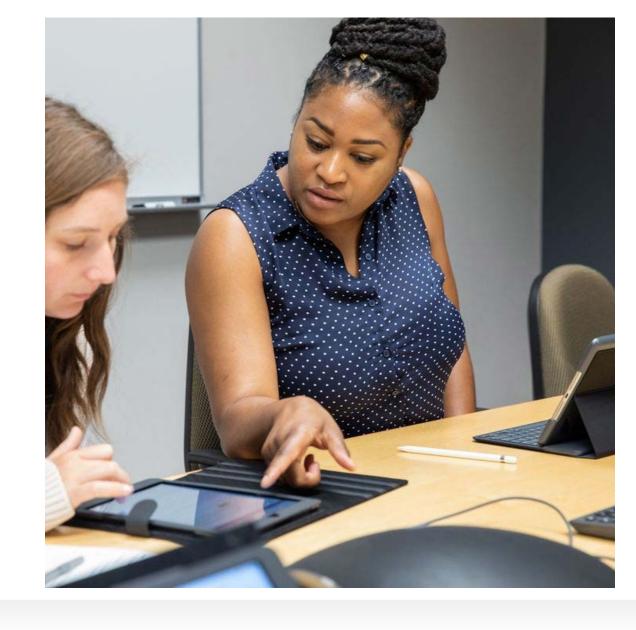
- Oversee and direct residency program
- Recruit RNs in primary care
- Develop curriculum and learning experiences
- Assess and evaluate outcomes
- Serve as mentor and professional advisor





RESIDENCY

- 1 year with 1:1 mentorship from experts in the field
- Component of Primary Care Certificate program
- Provide intensive learning opportunities for the RN new to primary care
- 4 modules
- Transition to Practice
- EBP QI project



Curriculum Integration

- BSN traditional integration
- Changing workforce landscape
- Preceptors and site development







Certificates



Workforce Development

 Educate current RNs to practice to the full scope of licensure in community-based primary care teams, developing a sustainable workforce of RNs to improve access to primary care in medically underserved areas

Academic (RN to BSN)

 To increase the educational capacity of BSN and RN to BSN students to practice to the full scope of licensure as a registered nurse in community-based primary care.



Top of Scope Practice for the RN in

Primary Care













Any Questions?





Health Resources & Services Administration (HRSA)

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Thank you!

