

National Nurse-Led Care Consortium and Community College of Philadelphia Nursing Department Internship

Christine Simon, Public Health Project Manager
Sabrina Charles, Public Health Project Coordinator
Laureen Tavolaro-Riley, Independence Foundation Chair in Nursing
October 3, 2019



Taking it to the Street: Decreasing Stigma of Opioid Use Disorder and Promotion MAT through Partnerships with Nursing Students



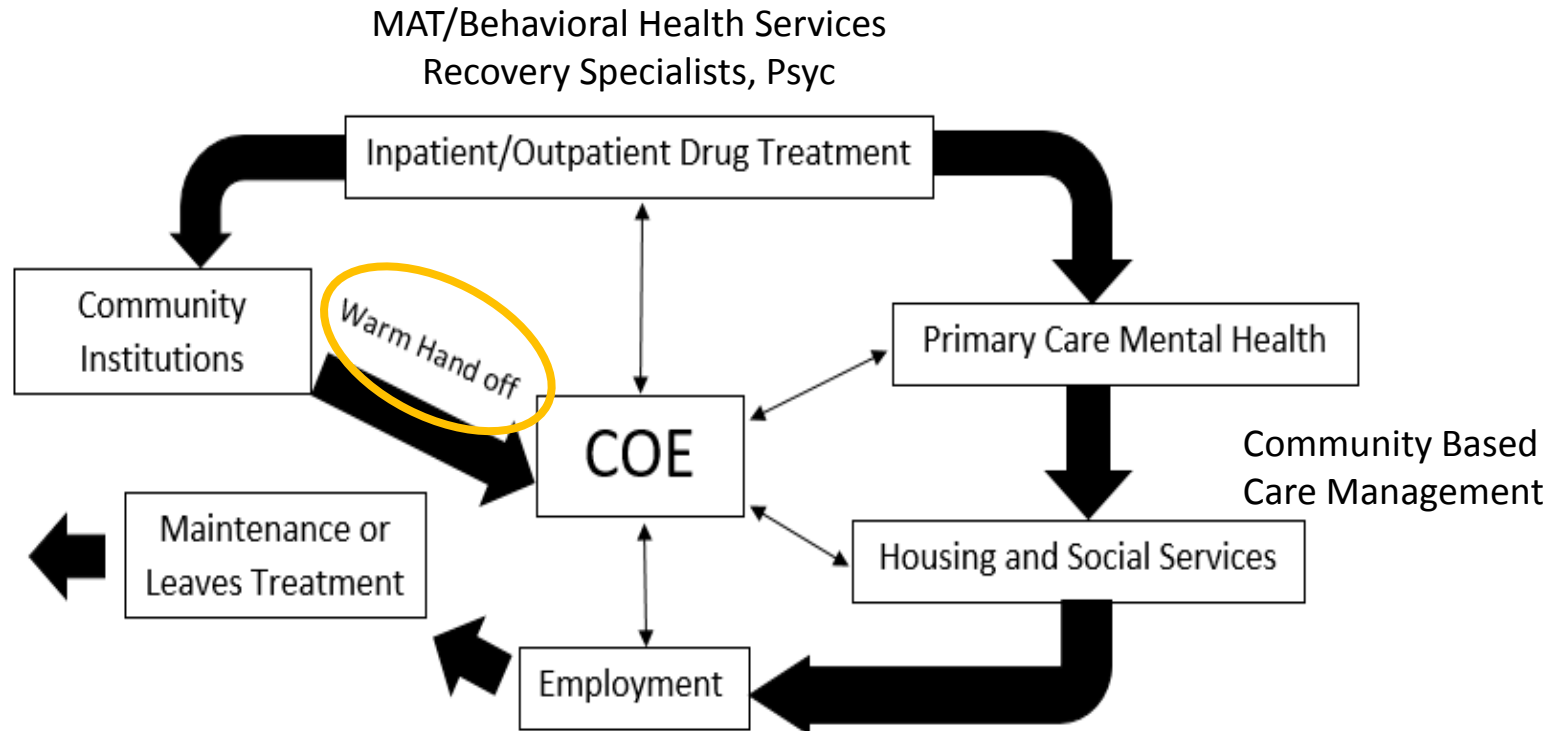
**NATIONAL
NURSE-LED CARE
CONSORTIUM**
a PHMC affiliate



Community
College
of Philadelphia

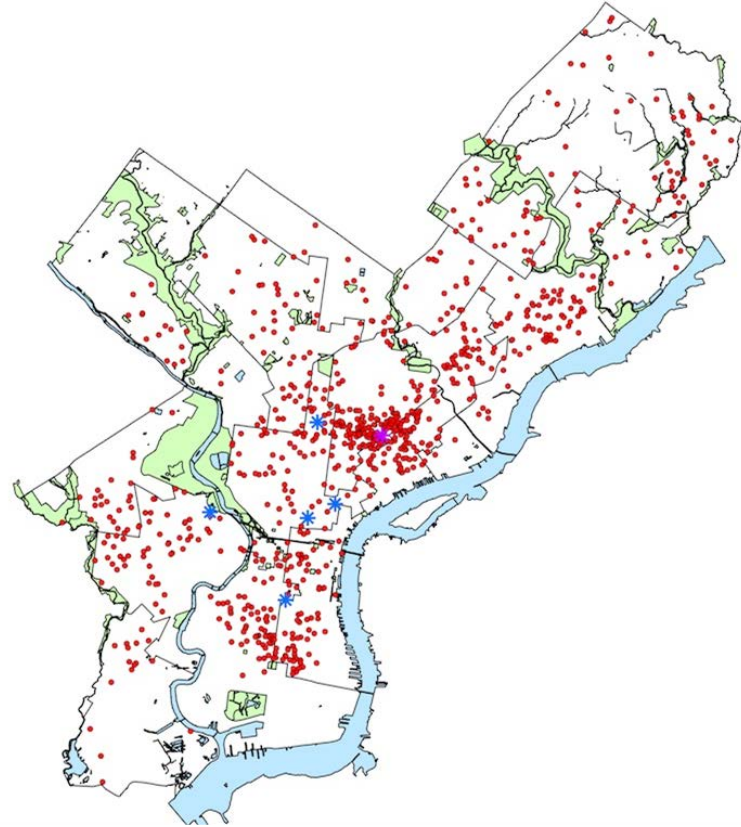


PHMC Center of Excellence

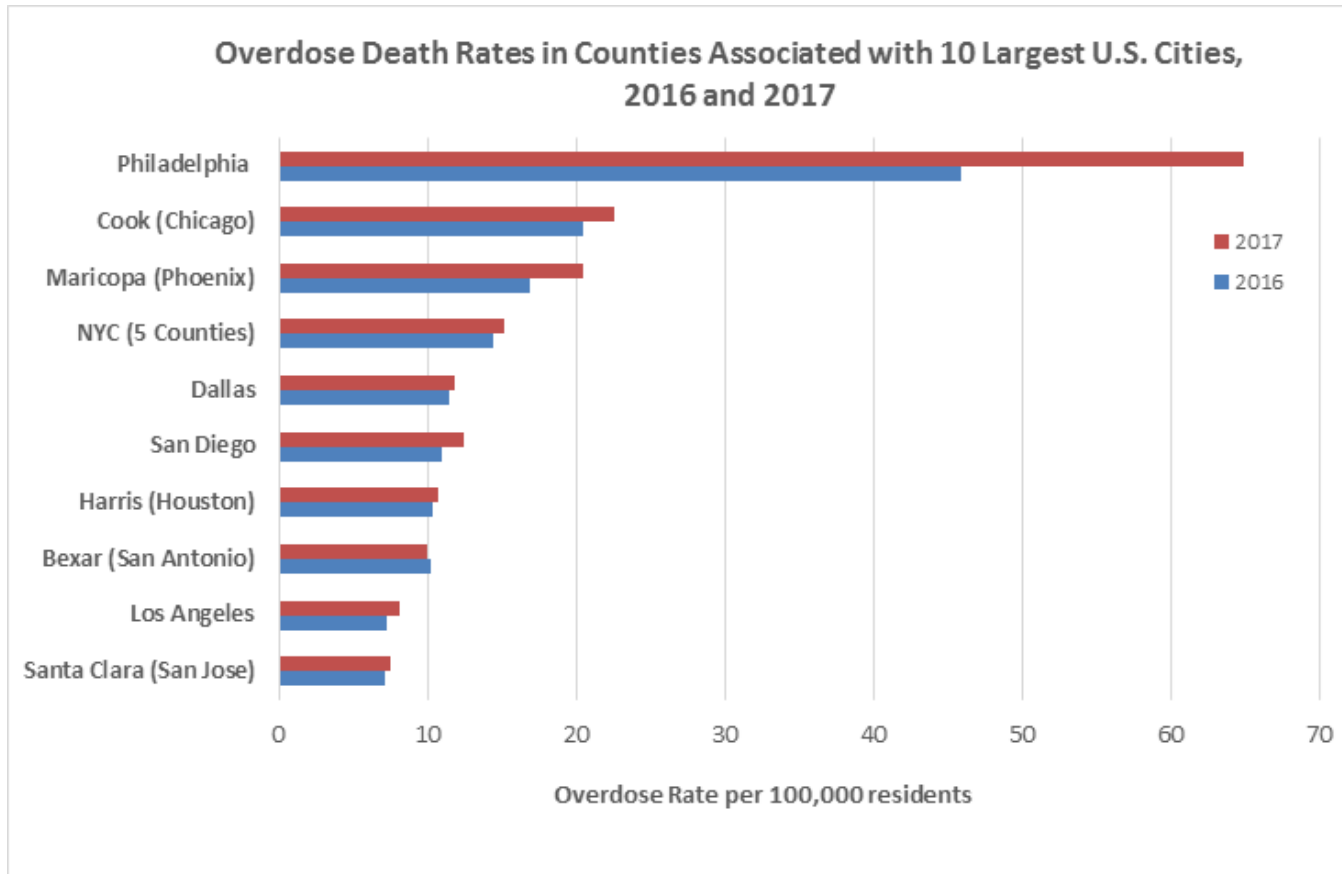


The State of the Opioid Crisis in Philadelphia, Pennsylvania

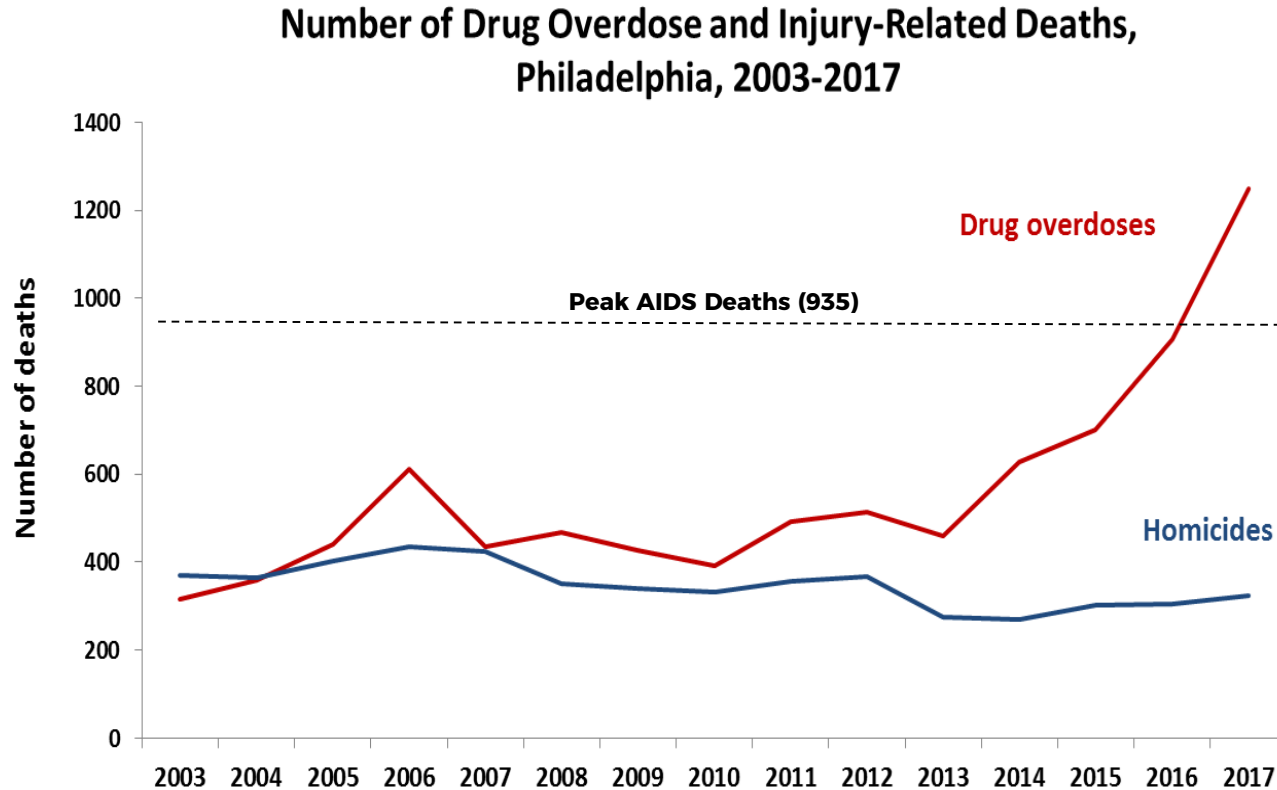
- Nationwide, there has been a steady increase in overdose deaths, with a loss of 64,000 people due to overdose death in 2016
- In Philadelphia, 1,074 people, or 59.8 per 100,000 residents, were lost to drug overdoses involving opioids in 2017, more than four times the national rate.



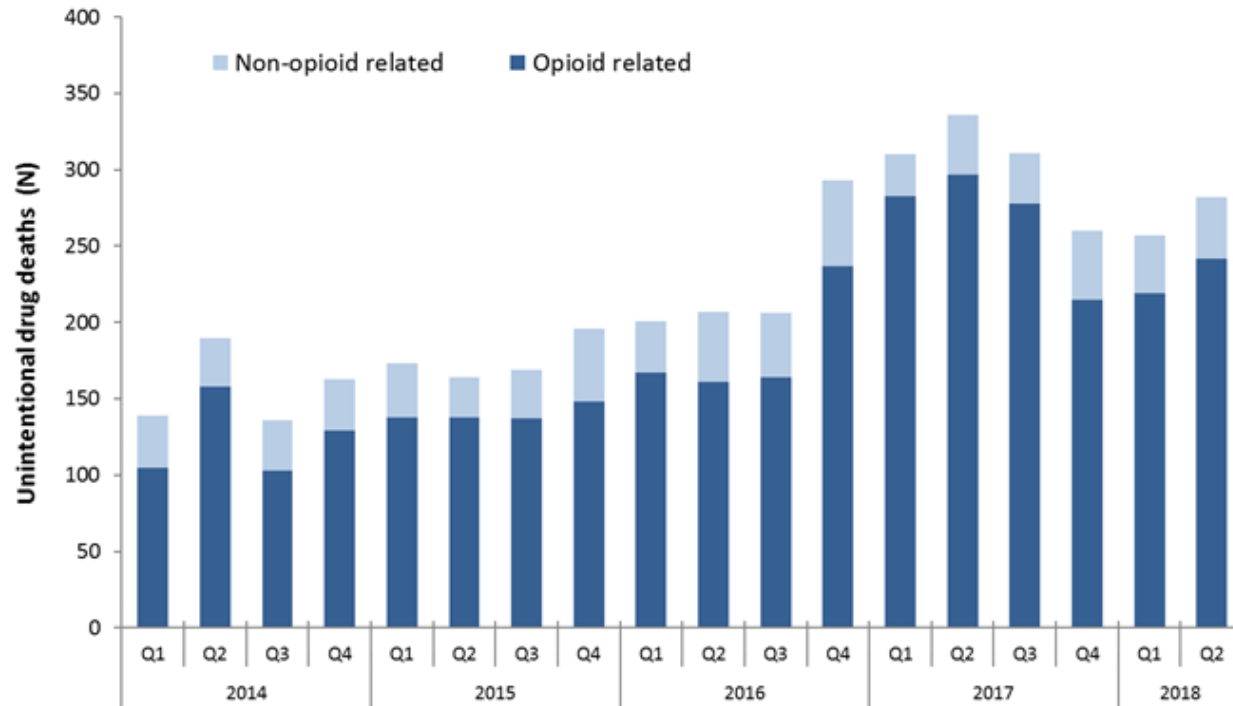
Philadelphia had the highest overdose death rate of the top 10 largest U.S. cities in 2016 and 2017



Drug overdoses caused 4x as many deaths as homicides in 2017



1,217 people died from drug overdoses



SAMHSA Expected Outcomes

- To address significant gaps in OUD treatment, decrease stigma, and increase awareness of services
- Expand access to and increase engagement in and utilization of MAT among adults with OUD in Philadelphia
- Establish evidence-based MAT treatment in combination with comprehensive psychosocial services
- Increase rates of OUD screening, assessment, treatment, and retention

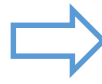
NNCC CCP Internship & Training

- Through collaboration with Community College of Philadelphia, Nursing Department, the National Nurse-Led Care Consortium has created an HCV and Opioid Outreach and Education Internship
- The main role of internship is to
 - Conduct outreach and increase awareness about Narcan
 - Recruit participants and patients for health care services
 - Advocate for patient needs with OUD
 - Identify and address barriers through educational presentations
 - Linkage to MAT at Rising Sun and other PHMC health centers
- Nurses undergo a Narcan Train-the-Trainer Workshop with the Philadelphia Department of Public Health

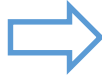
PA's Standing Order is a prescription for any PA resident

XI. KEY INFORMATION

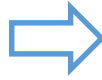
1. If you believe, someone is experiencing an opioid overdose, call 911!
2. Remain with the person until first responders arrive. Act 139 provides that you will not be arrested or charged with parole violations or drug offenses if you call 911, provide all necessary information and remain with the person in distress.
3. Become familiar with how to use Naloxone before someone needs it, through the pharmacist, your medical provider, or online training.
4. If you have questions about the proper use of Naloxone, ask the pharmacist, contact your health care provider, or go to the DOH website at <http://bit.ly/NaloxoneinPA>



Provides immunity for those who report and/or respond to an overdose.



ANYONE can walk into a pharmacy and get naloxone *without* a doctor's prescription.



It is covered by most insurance plans.



In other words, you cannot get in trouble for requesting for Narcan from the pharmacy and for helping someone by administering it

XII. REVIEW

This standing order will automatically expire on the date that the physician whose signature appears below has ceased acting as Physician General or until a health care professional otherwise authorized to prescribe Naloxone to the Eligible Person does so as authorized under Act 139-2014, whichever occurs first. This standing order will be reviewed, and may be updated, if there is relevant new science about Naloxone administration, or at least in 4 years.

CL22mo MD050119-L

Physician General's Signature and License Number

1/10/18
Effective Date

Rachel L. Levine MD

Physician General's Name (Print)

This standing order may be revised or withdrawn at any time.

Talk to your pharmacist today about getting naloxone!



Uninsured? High copayment?



**Narcan kits for
\$40 donation**



Debunking Myths Regarding Narcan & Reducing Stigma

Myth

- Only doctors can prescribe Naloxone
- Narcan is difficult to get
- You can be penalized in the case that someone gets hurts or dies
- Side effects occur after use of Narcan
- Naloxone encourages drug use

Fact

- Although policies vary by state, MDs, NPs, and PAs are allowed to prescribe naloxone
- Narcan is available within pharmacies and should be covered by insurance companies
- The Good Samaritan Law allows an individual aiding another in an emergency
- The chance of side effects are extremely rare after Narcan is administered
- Research has shown that naloxone has increased awareness of treatment options
- Narcan has decreased overdose deaths in Philadelphia

Data Collection



Please complete this brief survey about how your views have changed **after** this presentation.
Circle the answer choices for each question below.

Zip Code: _____ Neighborhood: _____

1. Now that you have participated in this presentation, how **likely** are you to administer naloxone/Narcan to someone who you think might have overdosed.

Not likely

Somewhat likely

Very likely

2. Now that you have participated in this presentation, do you feel that you know more information about **opioid use disorder (OUD)** than you did before the presentation?

I know **nothing** more

I know **a little** more

I know **much** more

4. Now that you have participated in this presentation, do you feel that you know more about **medicated assisted treatment (MAT)** than you did before the presentation?

I know **nothing** more

I know **a little** more

I know **much** more

5. Now that you have participated in this presentation, do you feel that you know more about **MAT services available in Olney and surrounding Northeast Philadelphia areas** than you did before the presentation?

I know **nothing** more

I know **a little** more

I know **much** more

- Post-Surveys were generated by our research and evaluation group as a tool to assess:
 - Increased health knowledge regarding Narcan
 - Awareness of MAT services
 - Knowledge of resources within the community
- Surveys are also used to collect contact information from those interested in MAT services
- Follow up within 24 hours

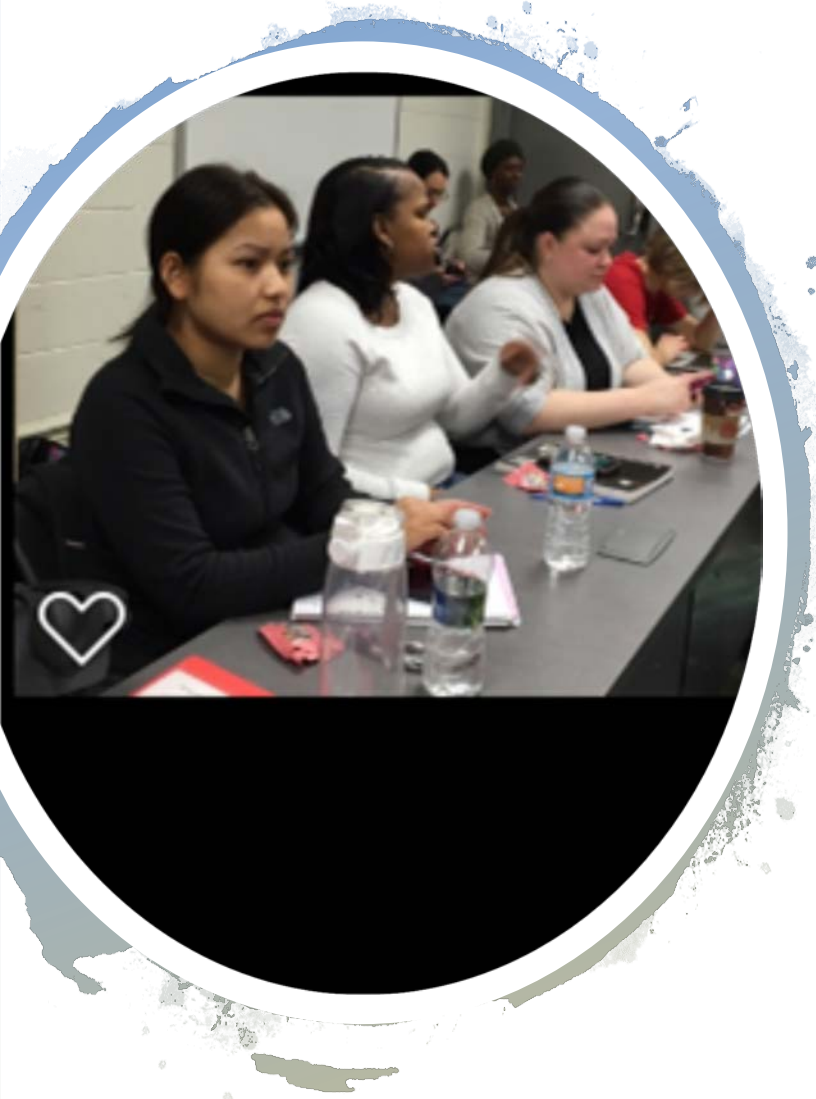
Community College of Philadelphia Interns as the Workforce



- Train the trainer model
- Builds on the department of nursing's mission to serve the community
- Recognition of the role of nurses as leaders in keeping the community healthy



Our Workforce
of students
know the
community
because they
are from the
community



Train the Trainer

Through our
collaboration with the
NNCC and Philadelphia
Public Health
Department Students
participated in an
intensive training

Student Intern Reflections

- “I had the opportunity to offer medication assisted treatment to a community where I saw devastation from the opioid crisis, and it felt so good to be able to offer something to the community”
- “I saw people I loved die from an overdose- the ability to help other people in the community to have options for their substance abuse made me feel like I was helping the community heal”
- “I was nervous about doing the presentation, but once I started to talk I felt comfortable with the group and when I finished I felt like I made a contribution”

Supporting Interns



- Giving them the resources to succeed
- Focus on their self confidence
- Work in Pairs
- Integration of work into their resumes

Addressing Barriers

- Legal Concerns
- Scheduling
- Time Management

