



# **FUTURE OF NURSING™**

## Campaign for Action

AT THE CENTER TO CHAMPION NURSING IN AMERICA



Robert Wood Johnson Foundation

**AARP** Foundation®

## **Designing the Future of Healthcare: Policy and Workforce**

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Senior Vice President and Director, AARP Public Policy Institute  
Chief Strategist, Center to Champion Nursing in America  
Nurse-Led Care Conference 2019  
October 1-3, 2019



## *Campaign Vision*

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Everyone in America can live a healthier life, supported by nurses as essential partners in providing care and promoting health equity and well-being.



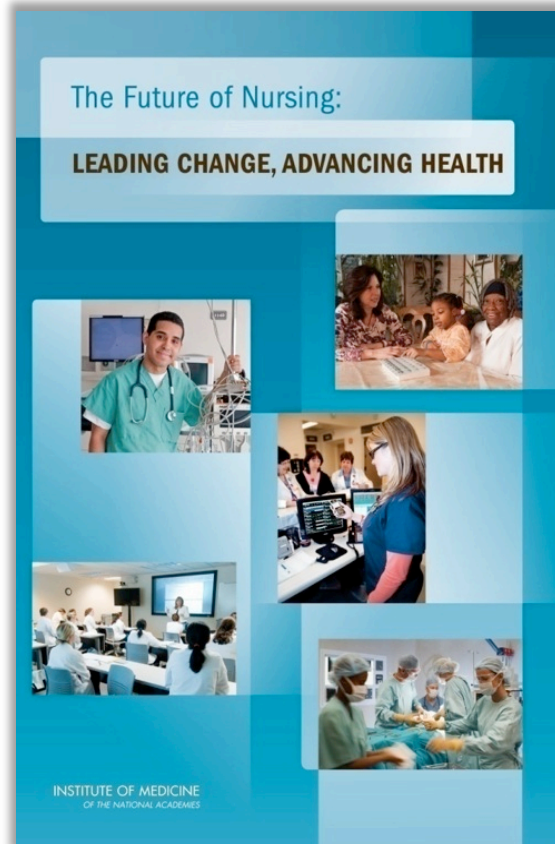
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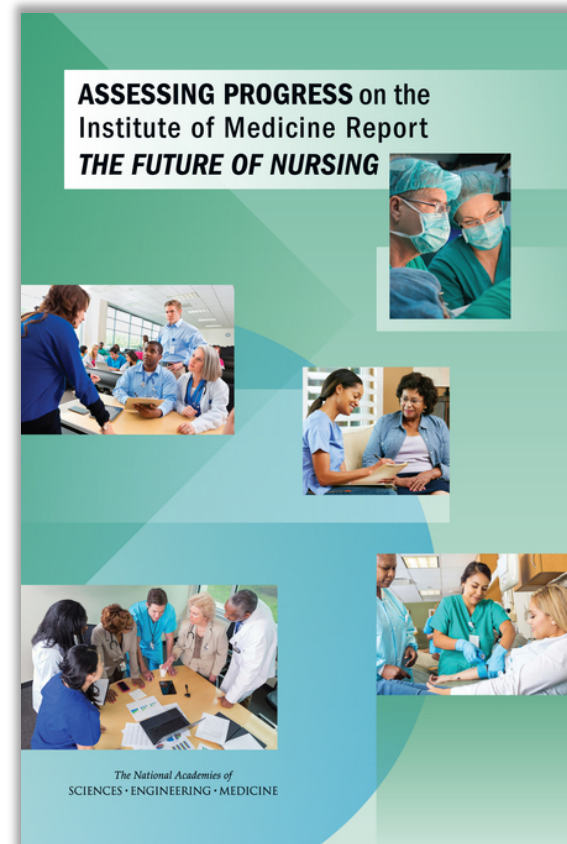


# Institute of Medicine\* Reports

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**2010 report**



**2015 report**

\*The Institute of Medicine has been renamed the Health and Medicine Division of the National Academies.



# Areas of Focus

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**Education**



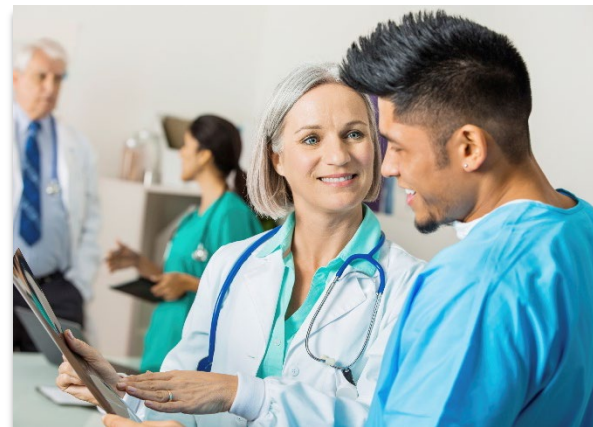
**Access to Care**



**Leadership**



**Diversity**



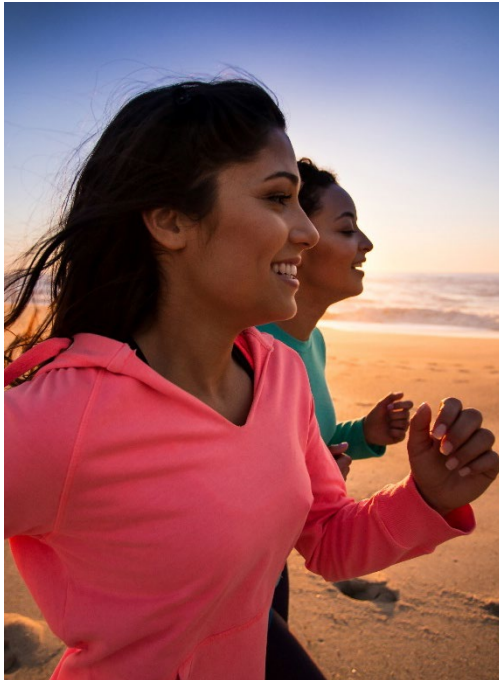
**Interprofessional  
Collaboration**





# A Culture of Health

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RWJF Goal: We, as a nation, will strive to create a culture of health enabling all in our society to lead healthy lives, now and for generations to come.



# The Future of Nursing 2020-2030

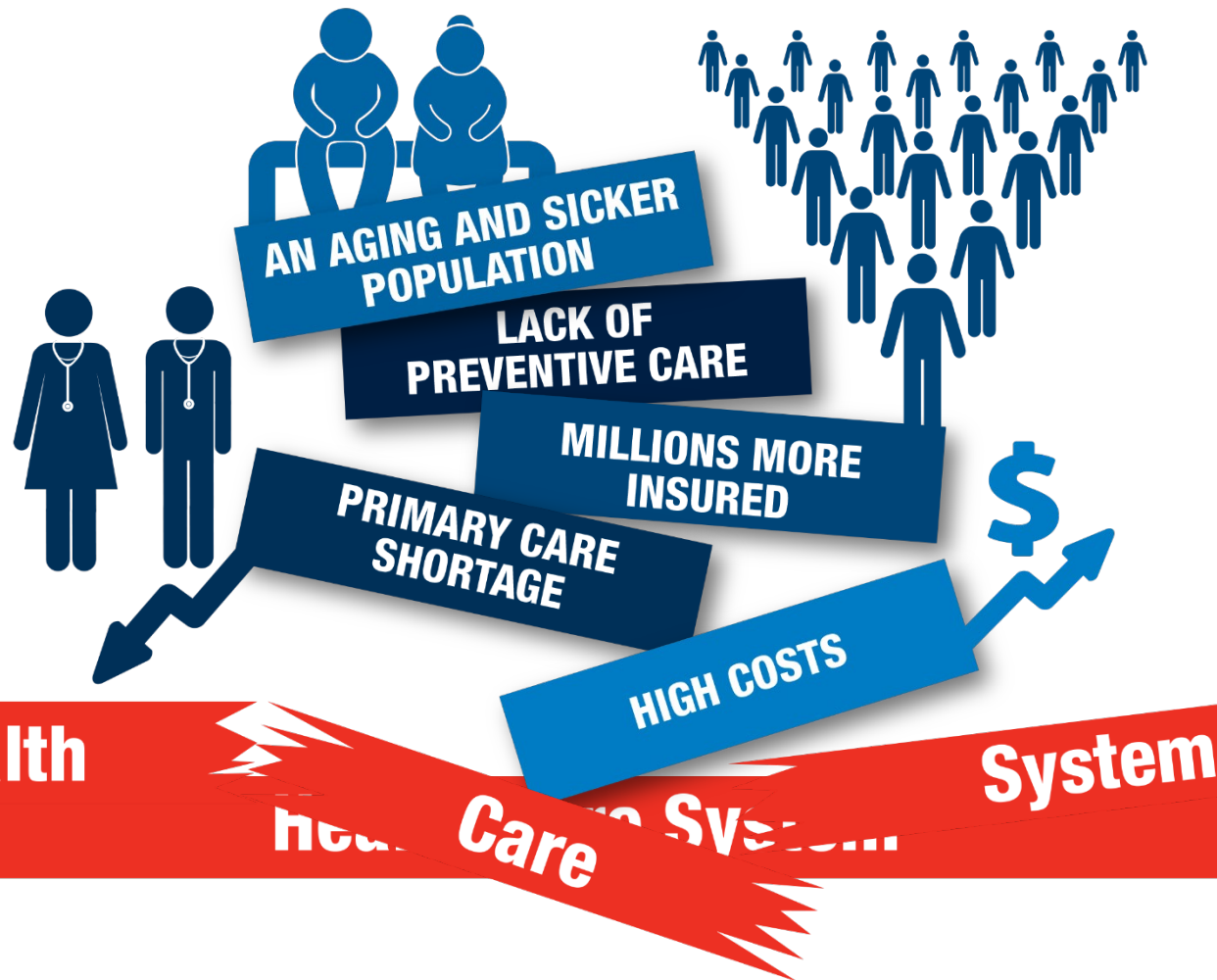
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# Health System Challenges

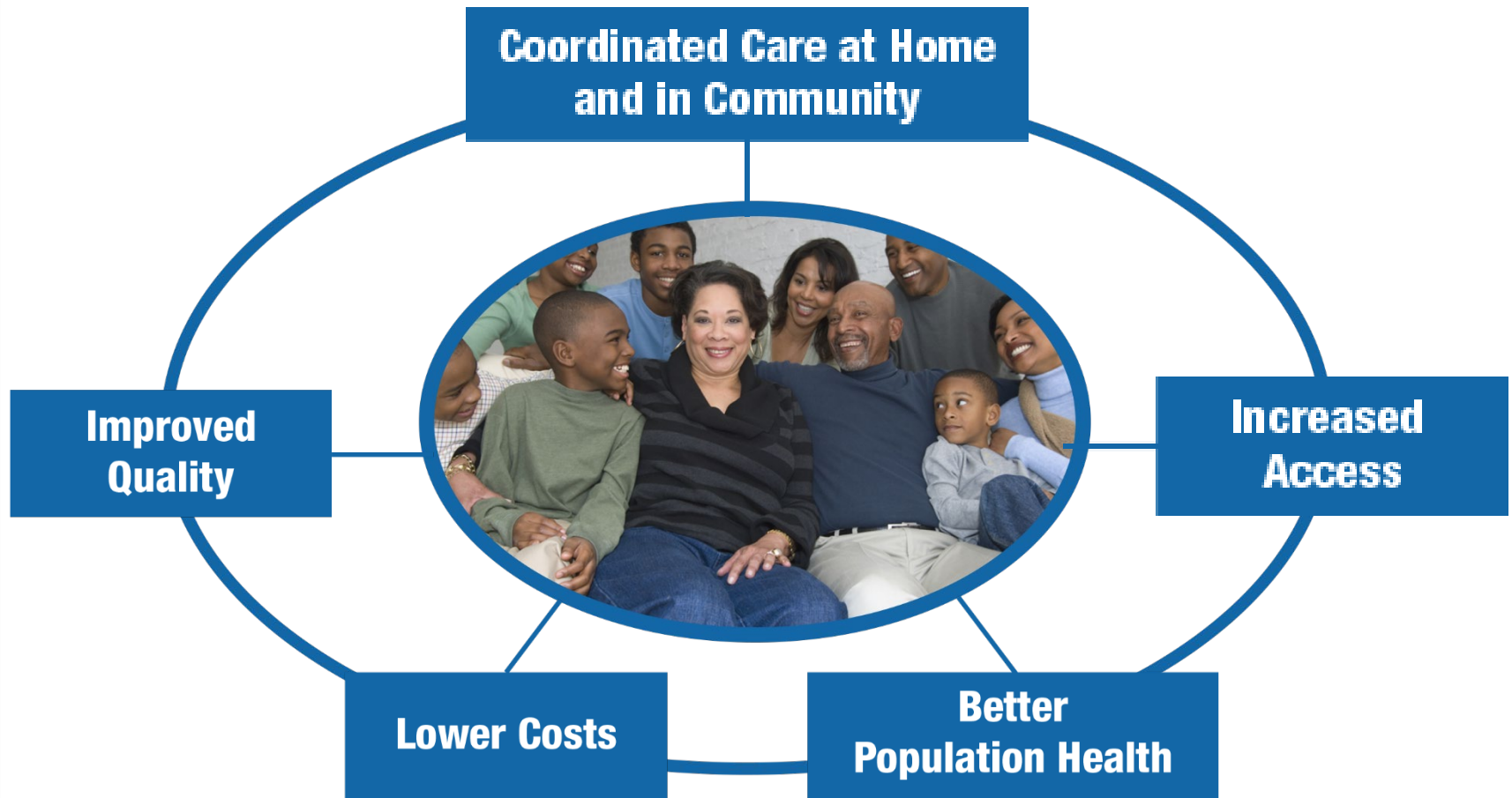
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# A New Era in Health Care

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## Person- and Family-Centered Care





# How Nurses Can Help

**Nurses are the largest segment of the health care workforce and spend most time with individuals and families.**

- Manage influx of older, sicker, patients, more chronic illness.
- Develop and implement new models of care.
- Provide transitional and coordinated care.
- Include, Support, and Guide Family Caregivers
- Reduce medical errors and rehospitalizations.
- Improve prevention, wellness, population health outcomes.





# Remove Barriers to Practice and Care

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## **Nurses provide an immediate and cost-effective solution to care shortages.**

- All clinicians should be able to practice to the full extent of their education and training.
- Barriers that limit nurses from expanding access to care must be removed.
- Patients deserve the right care by the right clinician, at the right time, in the right place.
- APRNs improve care on a wide range of indicators.



# Progress: Access to Care

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## Reforming America's Healthcare System Through Choice and Competition

## Policy Perspectives

Competition and the Regulation of Advanced Practice Nurses

Federal Trade Commission | March 2014



NGA PAPER

## The Role of Nurse Practitioners in Meeting Increasing Demand for Primary Care

### Abstract

With the demand for primary care services already straining capacity in most states, more than 16 million individuals projected to gain health insurance coverage by 2016, and a rapidly aging population, many states

including the extent to which states allow NPs to prescribe drugs, to practice independently of physician oversight, and to bill insurers and Medicaid under their own provider identifier. Sixteen states and the District

## Big Win for Veterans: VA Lifts Restrictions on Nurses



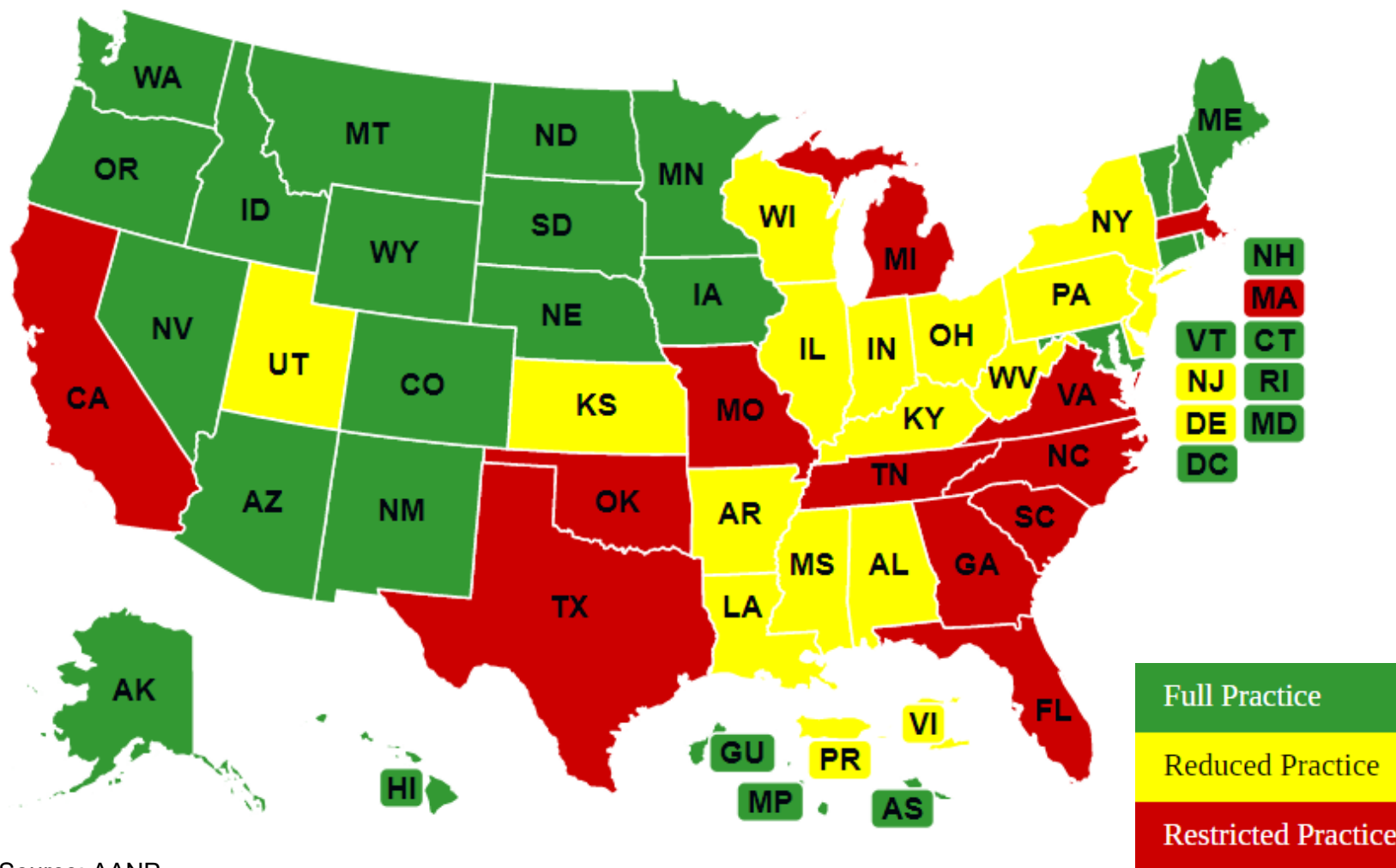
The Department of Veterans Affairs has issued a final ruling on the proposal to allow advanced practice registered nurses to provide care to the full extent of their education and training to veterans in VA facilities.

The ruling on a proposal made early this year allows nurse practitioners, certified nurse-midwives, and clinical nurse specialists full practice authority. However, it does not allow certified registered nurse anesthetists (CRNAs) full practice authority, a part of the original proposal.



# State Practice Environment for Nurse Practitioners

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Source: AANP



# 2019 Scope of Practice Victories

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- Texas
  - Removed the requirement for face-to-face meetings between APRNs and physicians
- Montana
  - Expanded signature authority
- Utah
  - Expanded some aspects of prescriptive authority for nurse practitioners







## Continued Effort in California

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***“And I will tell my friends in the C.M.A. in California, you will be defeated. You will eventually lose this battle.”***

***-the late Uwe Reinhardt***



# Promote Nurse Leadership

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## **Nurses bring a unique perspective to management and policy discussions.**

- Nurses are the largest segment of the health care work force and spend the most time with people receiving health services.
- When nurses are positioned to influence system practice, it leads to improved quality of care and reduced medical errors.
- Yet nurses account for only 5 percent of hospital board positions.



Source: American Hospital Association 2011



# Progress: Leadership

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10,000 Nurses on Boards by 2020



Source: Nurses on Boards Coalition



# Nurses as Leaders in Policy

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# Strengthen Nursing Education

## IOM: Increase the proportion of nurses with BSN degrees and higher so that nurses can be:

- Better prepared and educated and more adept with complex care and technology
- Prepared to lead and replace retiring leaders and to reduce primary care and faculty shortages
- Able to develop and implement new models of interdisciplinary care
- Able to promote wellness and reduce chronic disease



Higher educated nurses are linked to lower patient mortality and improved outcomes.





# Using Tax Laws to Support Nursing Education

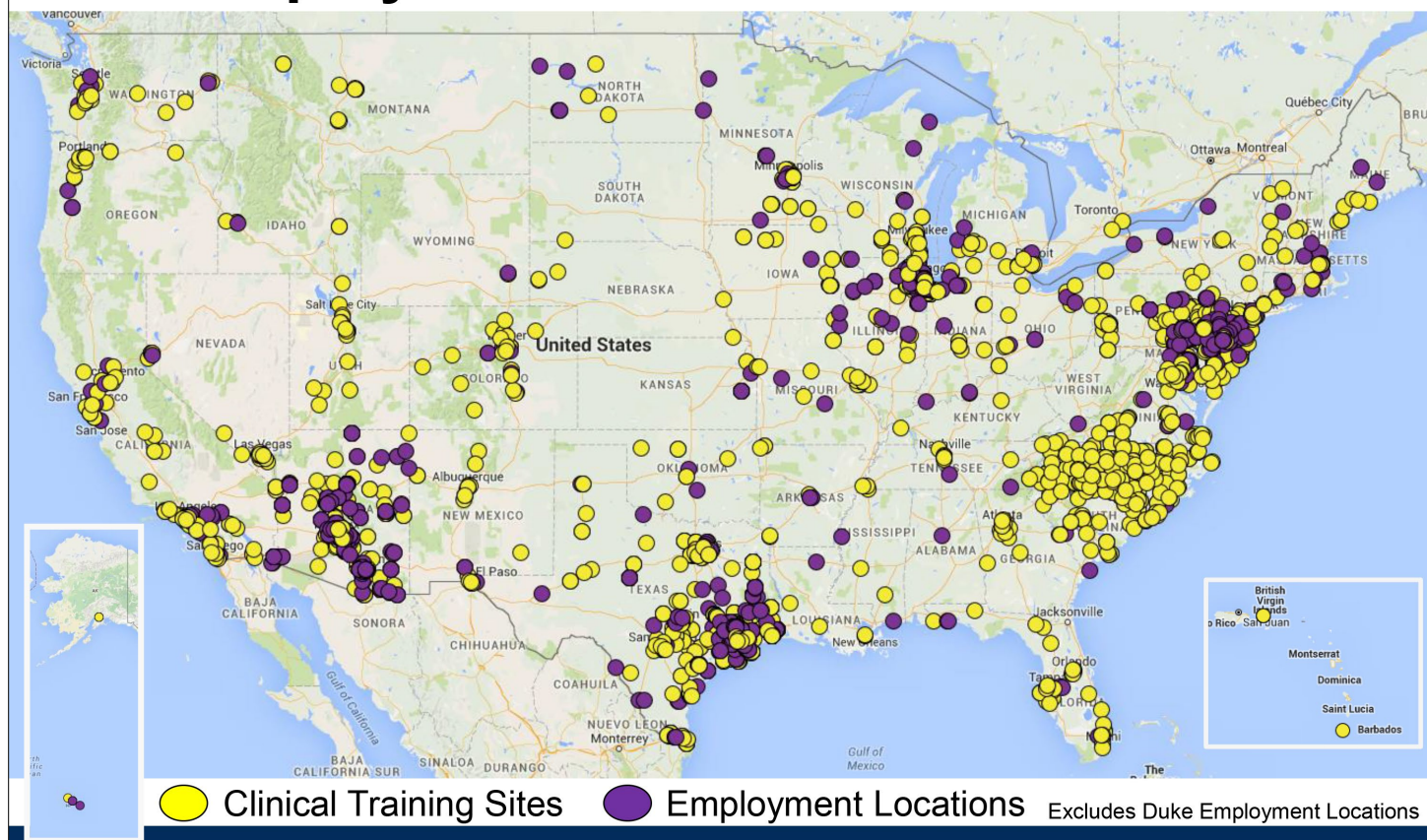
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From left to right: Georgia Lieutenant Governor Geoff Duncan; Desiree Clement, CNM; Molly Bachtel, FNP; and Governor Brian Kemp

# Progress: Education

## GNE Demonstration Training and Employment Locations



# Improve Workforce Diversity

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**Nurses should reflect the population in terms of gender, race, and ethnicity.**

- All nurses should provide culturally competent services and care.
- Greater workforce diversity may help to reduce health disparities and improve health outcomes in diverse communities.







# Mentorship Program for HBCUs with OMH

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- The *Campaign* teamed up with the **U.S. Department of Health and Human Services' Office of Minority Health** to host mentorship training programs for minority-serving institutions, including historically black colleges and universities (HBCUs).





# Population Health in Nursing (PHIN)

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- This two-phase project is exploring promising models of nursing education and practice related to improving population health.



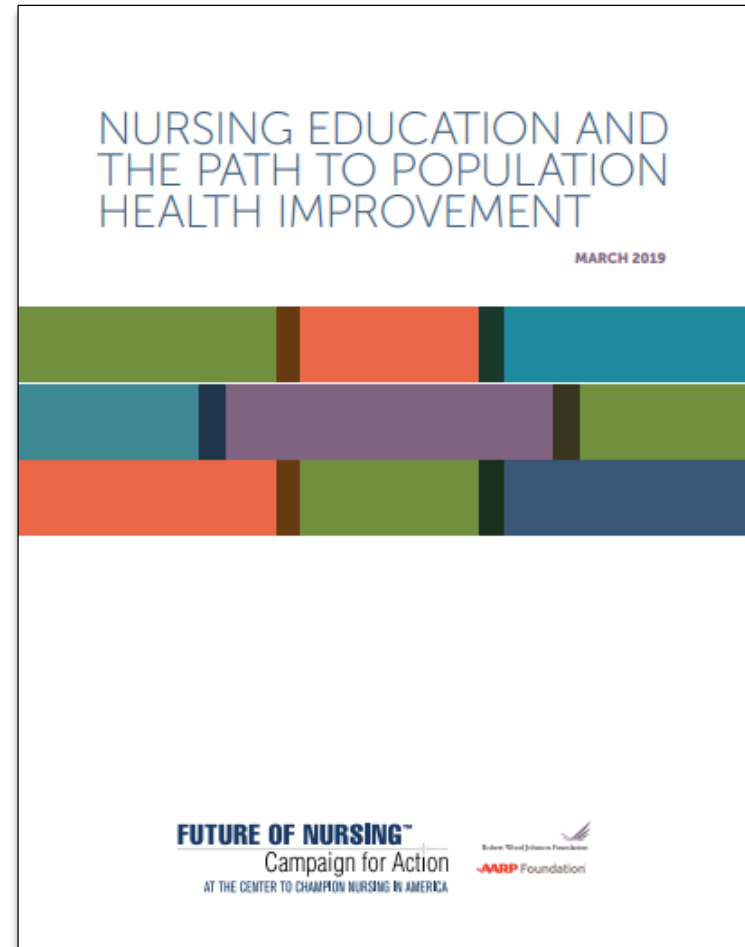




# Population Health in Nursing (PHIN)

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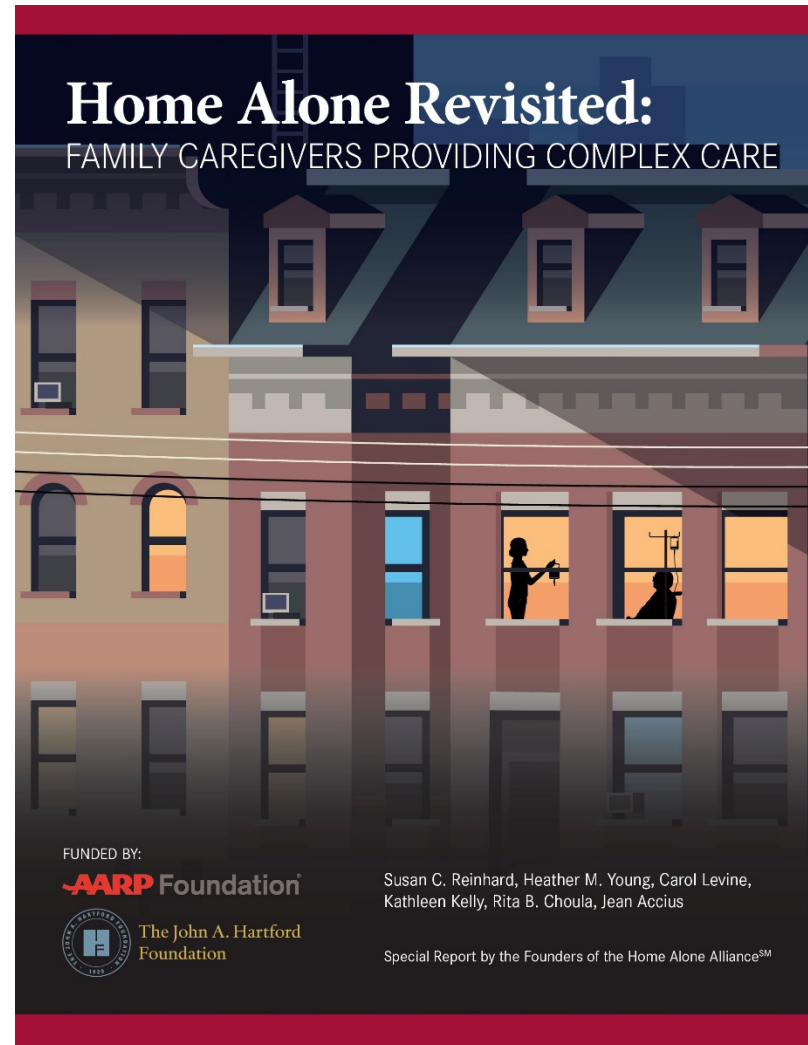
- PHIN Phase 1
  - Describes promising educational models to prepare nurses for population health practice and leadership.
  - Its findings were published in a report.
- PHIN Phase 2
  - Will describe current and emerging nursing roles in population health practice and how nurses should be prepared for those roles.
  - Findings will be released early 2020.





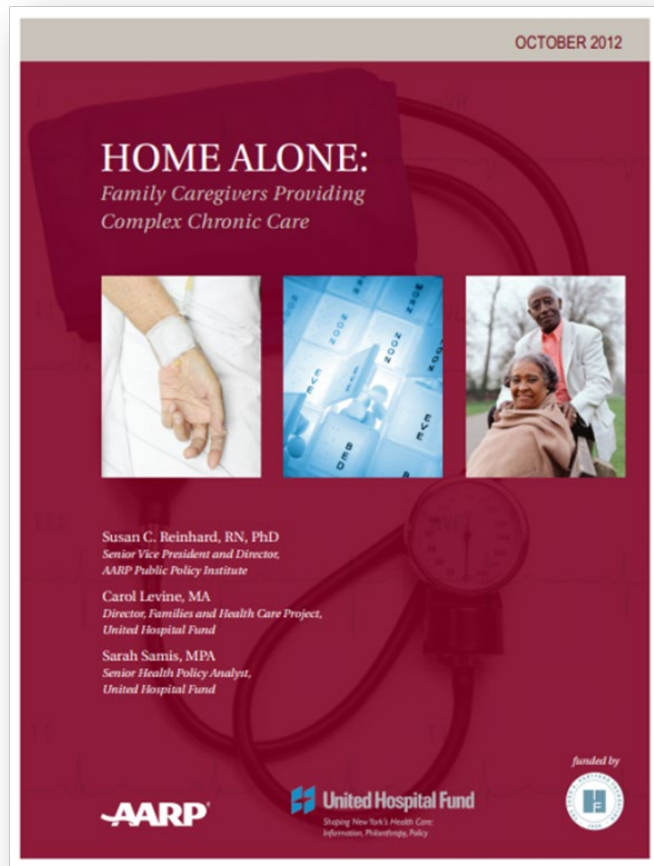
# Home Alone Revisited Report

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# Home Alone: Family Caregivers Providing Complex Care (2012)

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First national study to recognize:

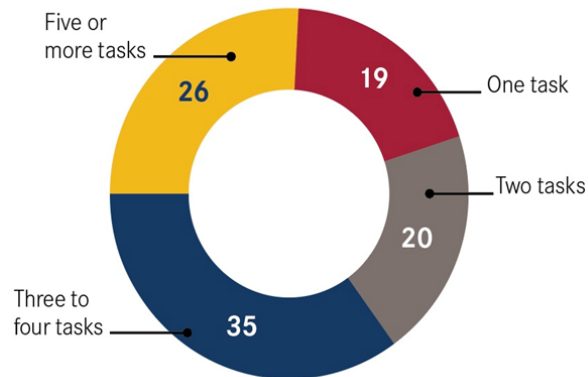
- In addition to providing functional support for older adults, 46% of family caregivers perform medical/nursing (M/N) tasks
- These caregivers are largely alone in learning how to do these tasks
- Family caregivers worry about making mistakes

## New in this Study

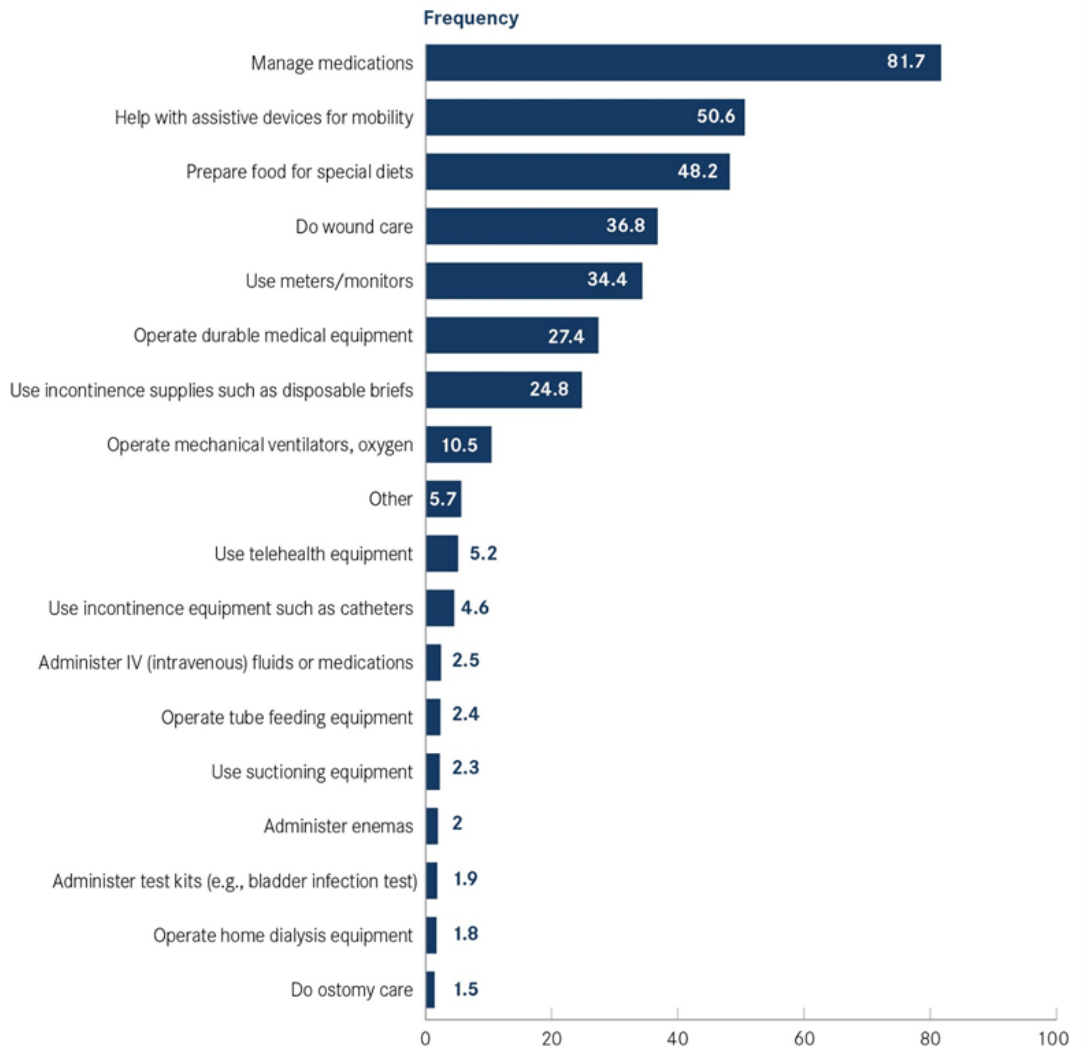
- Oversampling of multicultural groups
- Investigation of generational differences
- Closer look at difficult tasks (special diets, incontinence, pain management)
- Greater attention to resources, social isolation and outcomes
- Multivariate analysis

# Medical/Nursing (M/N) Tasks

**Performing Multiple M/N Tasks, %  
(n = 1,084)**



**M/N Tasks Frequency, % (n = 1,084)**







# Major Findings

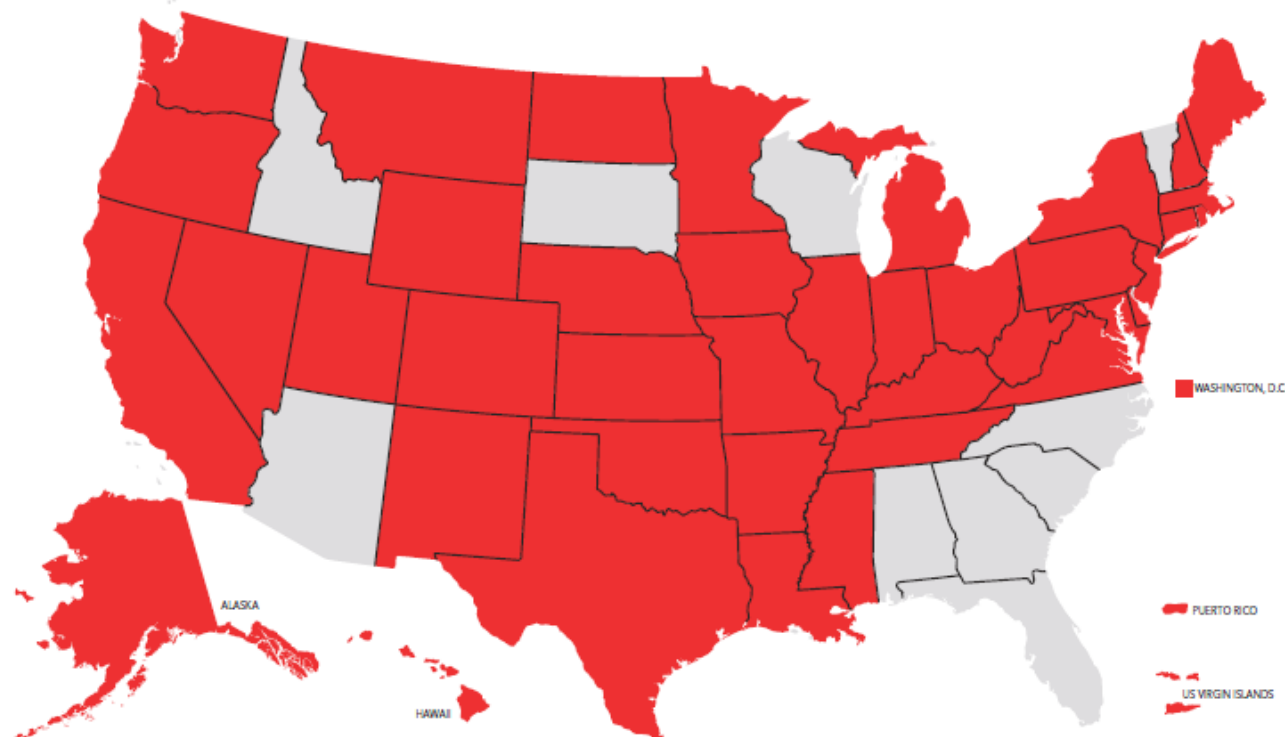
1. Today's caregivers provide ***intense and complex care***, including medical/nursing tasks and managing multiple health conditions that are often accompanied by pain.
2. Today's caregivers are ***diverse*** and so are their experiences.
3. Caregivers who are socially isolated or have no choice about caregiving are more ***at risk*** for experiencing difficulties with complex care.
4. Caregivers performing more medical/nursing tasks experience both ***positive and negative impact***.
5. Many family caregivers are still on their own—health systems should do ***more to prepare*** these vital members of the team.

# Translating Research Into Policy

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## The Caregiver Advise, Record, Enable (CARE) Act


The CARE Act is a commonsense solution that supports family caregivers when their loved ones go into the hospital, and provides for instruction on the medical tasks they will need to perform when their loved ones return home.



### CARE Act goes into effect:

Alaska, 1/1/17; Arkansas, 7/22/15; California, 1/1/16; Colorado, 5/8/15; Connecticut, 10/1/15; Delaware, 1/1/17; Hawaii, 7/1/17; Illinois, 1/27/16; Indiana, 1/1/16; Iowa, 7/1/19; Kansas, 7/1/18; Kentucky, 6/29/17; Louisiana, 8/1/16; Maine, 10/15/15; Maryland, 10/1/16; Massachusetts, 11/8/17; Michigan, 7/12/16; Minnesota, 1/1/17; Mississippi, 7/1/15; Missouri, 8/28/18; Montana, 10/1/17; Nebraska, 3/30/16; Nevada, 10/1/15; New Hampshire, 1/1/16; New Jersey, 5/12/15; New Mexico, 6/17/15; New York, 4/23/16; North Dakota, 8/1/19; Ohio, 3/21/17; Oklahoma, 11/5/14; Oregon, 1/1/16; Pennsylvania, 4/20/17; Puerto Rico, 12/31/15; Rhode Island, 3/14/17; Tennessee, 6/6/19; Texas, 5/26/17; Utah, 2/10/16; Virgin Islands, 3/30/16; Virginia, 7/1/15; Washington, 6/9/16; Washington, DC, 7/6/16; West Virginia, 6/8/15; Wyoming, 7/1/16

Updated on 6/6/19

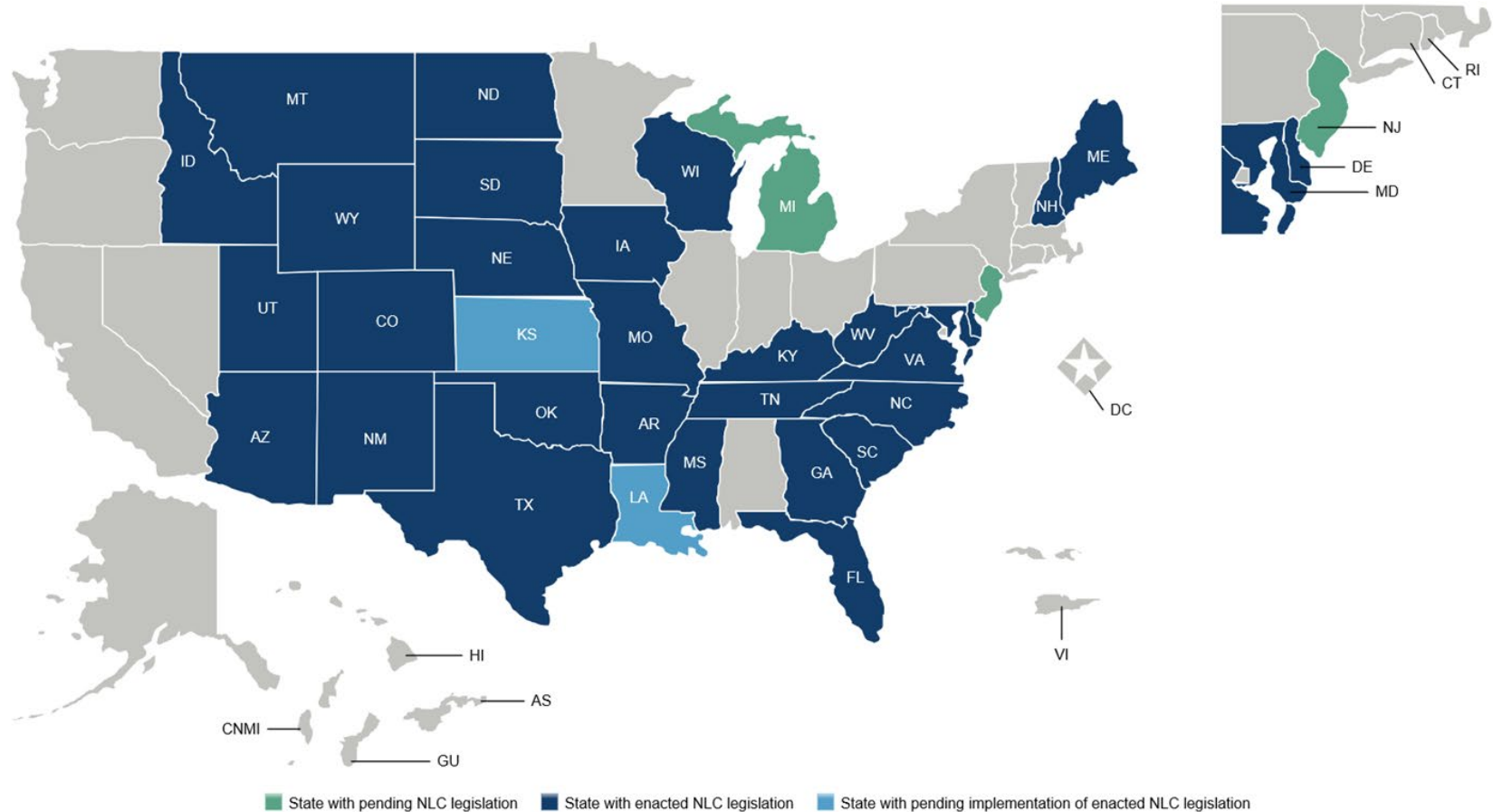
 CARE Act Now Law

**I ♥ Caregivers** **AARP** Real Possibilities

## Consumer Access to RNs

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- Interstate Licensing Compacts



- Help people live at home
- Connect people to care and to services
- Connect family caregivers to clinicians and family
- Teach family caregivers
- Remote Patient Monitoring
- Allow the consumer and the family caregiver to remotely socialize, and exercise

# Telehealth and Caregiving

- Provides access to specialists, reduce travel time
- Allows them to join critical conversations- virtually
- Enhances ability to make informed decisions
- Bridges language gaps through technology
- Educates on medical tasks, conditions in real time
- Improves emotional health of caregivers

MAY 2018

## Insight on the Issues

### Using Telehealth to Improve Home-Based Care for Older Adults and Family Caregivers

Winifred V. Quinn,  
Ellen O'Brien, and  
Gregg Springan

Older adults with complex care needs want to live as independently as they can for as long as they can, and limit stress on family caregivers. Telehealth strategies offer the potential to improve access to care and the quality of care, while reducing strain on family caregivers. For health care systems, home telehealth may help address the challenge of rising costs. Though limited today, home telehealth is likely to be implemented more widely as policy makers reduce regulatory barriers and providers focus on improving telehealth strategies to meet the needs of families.

The care of older adults with frailty, chronic disease, or significant disabilities who live in the community is a major challenge for both health systems and families. This care can be sometimes rewarding yet simultaneously difficult for family caregivers to manage because of the lack of coordinated care and because of caregivers' competing obligations. As the nation ages, the number of frail older adults with functional and cognitive impairments who require assistance from others will increase. Consequently, planning for the care of people with complex chronic conditions has taken on greater urgency.

Providing higher-quality and more cost-effective care for older adults with complex conditions will require models of care that, among other things, better integrate health care and social services

and improve supports for family caregivers. To help achieve these goals, telehealth services are increasingly included as a component of community-based care for chronic conditions, mental health, and even palliative care.<sup>1</sup> Through telehealth, providers can deliver a wide range of diagnostic, therapeutic, and care management services, as well as services to support family caregivers, such as communication tools with clinicians<sup>2</sup>—services that otherwise would be delivered in a health care setting or through in-person home visits. Telehealth has the potential to be an effective tool for improving access and continuity, improving outcomes, and lowering costs.

This *Insight on the Issues* discusses the promise of home telehealth services to improve care for



**Public Policy  
Institute**

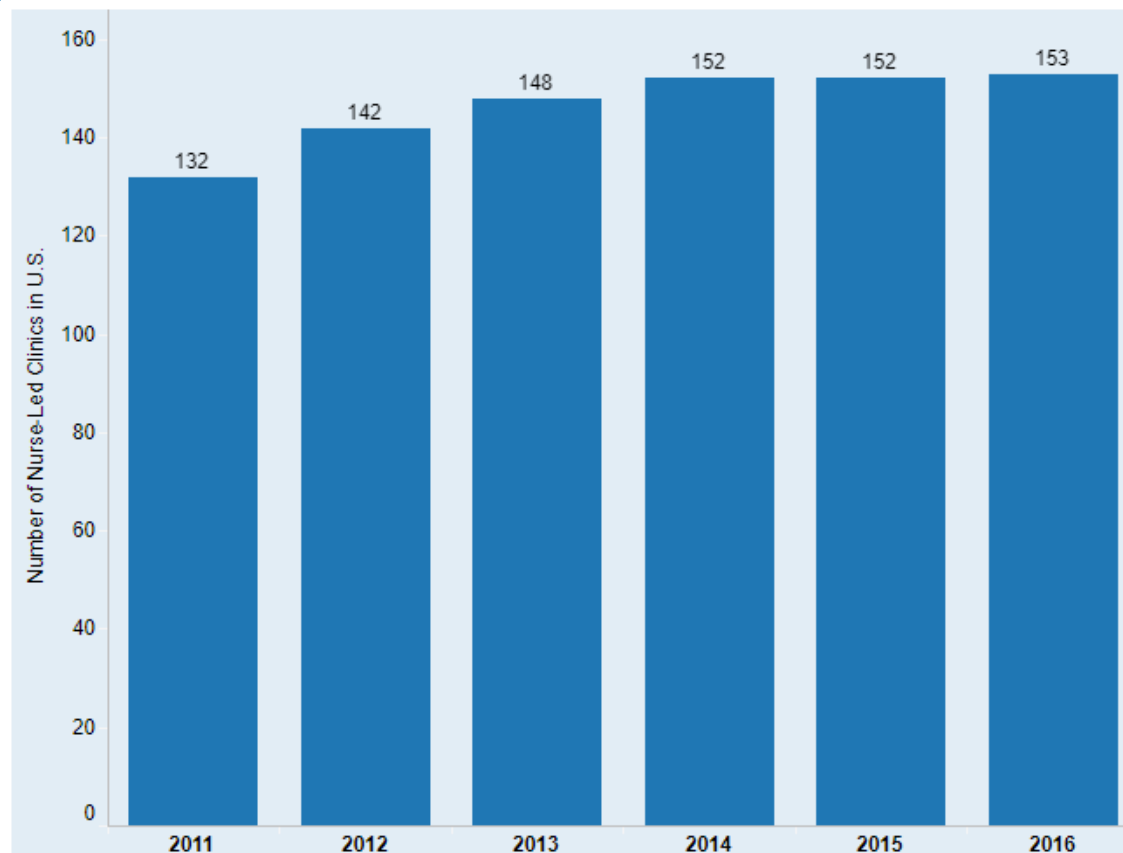




# Number of nurse-led clinics in the United States

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- This graph illustrates the number of nurse-led clinics in the United States affiliated with the National Nursing Centers Consortium (NNCC).



Summary Table

Number of nurse-led clinics in the United States

	2011	2012	2013	2014	2015	2016
Number of Nurse-Led Clinics in U.S.	132	142	148	152	152	153

Note: This data is no longer being collected.



# Nurse Entrepreneur Project

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- The mission of this project is to develop nurse-led business concept and skill building curricula appropriate to each level of nursing education, pilot and disseminate that curricula statewide and nationally.

# Designing the Future of Healthcare

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“We believe that transforming the consumer health care experience begins with creating a new front door to health care. Our new HealthHUB locations are just that — helping to elevate the store into a convenient neighborhood health care destination that brings easier access to better care at a lower cost.” - Alan Lotvin, chief transformation officer for CVS Health.



# Questions?

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