Designing the Future of Healthcare: Policy and Workforce

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Nurse-Led Care Conference 2019
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**Campaign Vision**

Everyone in America can live a healthier life, supported by nurses as essential partners in providing care and promoting health equity and well-being.

Robert Wood Johnson Foundation  
AARP Foundation
Institute of Medicine* Reports

The Future of Nursing:
LEADING CHANGE, ADVANCING HEALTH

2010 report

ASSESSING PROGRESS on the Institute of Medicine Report
THE FUTURE OF NURSING

2015 report

*The Institute of Medicine has been renamed the Health and Medicine Division of the National Academies.
Areas of Focus

Education
Access to Care
Leadership

Diversity
Interprofessional Collaboration
A Culture of Health

RWJF Goal: We, as a nation, will strive to create a culture of health enabling all in our society to lead healthy lives, now and for generations to come.
Health System Challenges

- An aging and sicker population
- Lack of preventive care
- Millions more insured
- Primary care shortage
- High costs

Health Care System
A New Era in Health Care

Coordinated Care at Home and in Community

Improved Quality

Increased Access

Lower Costs

Better Population Health

Person- and Family-Centered Care
How Nurses Can Help

Nurses are the largest segment of the health care workforce and spend most time with individuals and families.

- Manage influx of older, sicker, patients, more chronic illness.
- Develop and implement new models of care.
- Provide transitional and coordinated care.
- Include, Support, and Guide Family Caregivers
- Reduce medical errors and rehospitalizations.
- Improve prevention, wellness, population health outcomes.
Nurses provide an immediate and cost-effective solution to care shortages.

- All clinicians should be able to practice to the full extent of their education and training.
- Barriers that limit nurses from expanding access to care must be removed.
- Patients deserve the right care by the right clinician, at the right time, in the right place.
- APRNs improve care on a wide range of indicators.
Progress: Access to Care

Reforming America’s Healthcare System Through Choice and Competition

Policy Perspectives

Competition and the Regulation of Advanced Practice Nurses

Federal Trade Commission | March 2014

Big Win for Veterans: VA Lifts Restrictions on Nurses

The Department of Veterans Affairs has issued a final ruling on the proposal to allow advanced practice registered nurses to provide care to the full extent of their education and training to veterans in VA facilities.

The ruling on a proposal made early this year allows nurse practitioners, certified nurse-midwives, and clinical nurse specialists full practice authority. However, it does not allow certified registered nurse anesthetists (CRNAs) full practice authority, a part of the original proposal.
2019 Scope of Practice Victories

- **Texas**
  - Removed the requirement for face-to-face meetings between APRNs and physicians

- **Montana**
  - Expanded signature authority

- **Utah**
  - Expanded some aspects of prescriptive authority for nurse practitioners
“And I will tell my friends in the C.M.A. in California, you will be defeated. You will eventually lose this battle.”

-the late Uwe Reinhardt
Promote Nurse Leadership

Nurses bring a unique perspective to management and policy discussions.

- Nurses are the largest segment of the health care work force and spend the most time with people receiving health services.
- When nurses are positioned to influence system practice, it leads to improved quality of care and reduced medical errors.
- Yet nurses account for only 5 percent of hospital board positions.

Source: American Hospital Association 2011
Progress: Leadership

10,000 Nurses on Boards by 2020

Last 90 days: 226 NURSES ON BOARDS
To Date: 6,564 NURSES ON BOARDS

Source: Nurses on Boards Coalition
Nurses as Leaders in Policy
Strengthen Nursing Education

IOM: Increase the proportion of nurses with BSN degrees and higher so that nurses can be:

- Better prepared and educated and more adept with complex care and technology
- Prepared to lead and replace retiring leaders and to reduce primary care and faculty shortages
- Able to develop and implement new models of interdisciplinary care
- Able to promote wellness and reduce chronic disease

Higher educated nurses are linked to lower patient mortality and improved outcomes.
Using Tax Laws to Support Nursing Education

From left to right: Georgia Lieutenant Governor Geoff Duncan; Desiree Clement, CNM; Molly Bachtel, FNP; and Governor Brian Kemp
Progress: Education

GNE Demonstration Training and Employment Locations

Clinical Training Sites  Employment Locations  Excludes Duke Employment Locations
Improve Workforce Diversity

Nurses should reflect the population in terms of gender, race, and ethnicity.

• All nurses should provide culturally competent services and care.
• Greater workforce diversity may help to reduce health disparities and improve health outcomes in diverse communities.
Mentorship Program for HBCUs with OMH

- The *Campaign* teamed up with the **U.S. Department of Health and Human Services’ Office of Minority Health** to host mentorship training programs for minority-serving institutions, including historically black colleges and universities (HBCUs).
Population Health in Nursing (PHIN)

- This two-phase project is exploring promising models of nursing education and practice related to improving population health.
Population Health in Nursing (PHIN)

• PHIN Phase 1
  – Describes promising educational models to prepare nurses for population health practice and leadership.
  – Its findings were published in a report.

• PHIN Phase 2
  – Will describe current and emerging nursing roles in population health practice and how nurses should be prepared for those roles.
  – Findings will be released early 2020.
First national study to recognize:

- In addition to providing functional support for older adults, 46% of family caregivers perform medical/nursing (M/N) tasks
- These caregivers are largely alone in learning how to do these tasks
- Family caregivers worry about making mistakes
New in this Study

- Oversampling of multicultural groups
- Investigation of generational differences
- Closer look at difficult tasks (special diets, incontinence, pain management)
- Greater attention to resources, social isolation and outcomes
- Multivariate analysis
Medical/Nursing (M/N) Tasks

Performing Multiple M/N Tasks, %

- Five or more tasks: 26%
- One task: 19%
- Two tasks: 20%
- Three to four tasks: 35%

M/N Tasks Frequency, % (n = 1,084)

<table>
<thead>
<tr>
<th>Task</th>
<th>Frequency</th>
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<tbody>
<tr>
<td>Manage medications</td>
<td>81.7</td>
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<tr>
<td>Help with assistive devices for mobility</td>
<td>50.6</td>
</tr>
<tr>
<td>Prepare food for special diets</td>
<td>48.2</td>
</tr>
<tr>
<td>Do wound care</td>
<td>36.8</td>
</tr>
<tr>
<td>Use meters/monitors</td>
<td>34.4</td>
</tr>
<tr>
<td>Operate durable medical equipment</td>
<td>27.4</td>
</tr>
<tr>
<td>Use incontinence supplies such as disposable briefs</td>
<td>24.8</td>
</tr>
<tr>
<td>Operate mechanical ventilators, oxygen</td>
<td>10.5</td>
</tr>
<tr>
<td>Other</td>
<td>5.7</td>
</tr>
<tr>
<td>Use telehealth equipment</td>
<td>5.2</td>
</tr>
<tr>
<td>Use incontinence equipment such as catheters</td>
<td>4.6</td>
</tr>
<tr>
<td>Administer IV (intravenous) fluids or medications</td>
<td>2.5</td>
</tr>
<tr>
<td>Operate tube feeding equipment</td>
<td>2.4</td>
</tr>
<tr>
<td>Use suctioning equipment</td>
<td>2.3</td>
</tr>
<tr>
<td>Administer enemas</td>
<td>2</td>
</tr>
<tr>
<td>Administer test kits (e.g., bladder infection test)</td>
<td>1.9</td>
</tr>
<tr>
<td>Operate home dialysis equipment</td>
<td>1.8</td>
</tr>
<tr>
<td>Do ostomy care</td>
<td>1.5</td>
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Major Findings

1. Today’s caregivers provide *intense and complex care*, including medical/nursing tasks and managing multiple health conditions that are often accompanied by pain.

2. Today’s caregivers are *diverse* and so are their experiences.

3. Caregivers who are socially isolated or have no choice about caregiving are more *at risk* for experiencing difficulties with complex care.

4. Caregivers performing more medical/nursing tasks experience both *positive and negative impact*.

5. Many family caregivers are still on their own—health systems should do *more to prepare* these vital members of the team.
The Caregiver Advise, Record, Enable (CARE) Act

The CARE Act is a commonsense solution that supports family caregivers when their loved ones go into the hospital, and provides instruction on the medical tasks they will need to perform when their loved ones return home.

CARE Act goes into effect:
- Alaska, 1/1/17; Arkansas, 7/22/15; California, 1/1/16; Colorado, 5/8/15; Connecticut, 10/1/15; Delaware, 1/1/17; Hawaii, 7/1/17; Illinois, 12/27/16; Indiana, 1/1/16; Iowa, 7/1/19; Kansas, 7/1/18; Kentucky, 6/29/17; Louisiana, 8/1/16; Maine, 10/15/15; Maryland, 10/1/16; Massachusetts, 11/8/17; Michigan, 7/12/16; Minnesota, 11/1/17; Mississippi, 7/1/15; Missouri, 8/28/18; Montana, 10/1/17; Nebraska, 3/30/16; Nevada, 10/1/15; New Hampshire, 1/1/16; New Jersey, 5/12/15; New Mexico, 6/17/15; New York, 4/23/16; North Dakota, 6/1/19; Ohio, 3/21/17; Oklahoma, 11/5/14; Oregon, 1/1/16; Pennsylvania, 4/20/17; Puerto Rico, 12/21/15; Rhode Island, 3/14/17; Tennessee, 6/6/19; Texas, 5/26/17; Utah, 2/10/16; Virgin Islands, 3/30/16; Virginia, 7/1/15; Washington, 6/9/16; Washington, DC, 7/6/16; West Virginia, 6/8/15; Wyoming, 7/1/16

Updated on 6/6/19
Consumer Access to RNs

- Interstate Licensing Compacts
Telehealth & Tech Innovation

- Help people live at home
- Connect people to care and to services
- Connect family caregivers to clinicians and family
- Teach family caregivers
- Remote Patient Monitoring
- Allow the consumer and the family caregiver to remotely socialize, and exercise
Telehealth and Caregiving

- Provides access to specialists, reduce travel time
- Allows them to join critical conversations- virtually
- Enhances ability to make informed decisions
- Bridges language gaps through technology
- Educates on medical tasks, conditions in real time
- Improves emotional health of caregivers
Number of nurse-led clinics in the United States

This graph illustrates the number of nurse-led clinics in the United States affiliated with the National Nursing Centers Consortium (NNCC).

Summary Table

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</thead>
<tbody>
<tr>
<td>Number of Nurse-Led Clinics in U.S.</td>
<td>132</td>
<td>142</td>
<td>148</td>
<td>152</td>
<td>152</td>
<td>153</td>
</tr>
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Note: This data is no longer being collected.
Nurse Entrepreneur Project

The mission of this project is to develop nurse-led business concept and skill building curricula appropriate to each level of nursing education, pilot and disseminate that curricula statewide and nationally.
“We believe that transforming the consumer health care experience begins with creating a new front door to health care. Our new HealthHUB locations are just that — helping to elevate the store into a convenient neighborhood health care destination that brings easier access to better care at a lower cost.” - Alan Lotvin, chief transformation officer for CVS Health.
Questions?

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