



Nurses Building a Culture of Health in Tennessee

National Nurse-Led Care Conference October 2, 2019 Nashville, TN

Tennessee Action Coalition Co-Leaders

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Tennessee Action Coalition - Vision

Ensuring Tennesseans live healthier lives supported by communities and systems where nurses are leaders and essential partners.



Tennessee Action Coalition - Priorities

- Leadership to Promote a Culture of Health
 - Nurses on Boards
 - Nurses as Mentors
 - Nurses as Advocates
 - Nurses as Role Models
- Nursing Workforce Development
 - Professional development Culture of Health
 - Leadership development
 - Bridging academia and practice



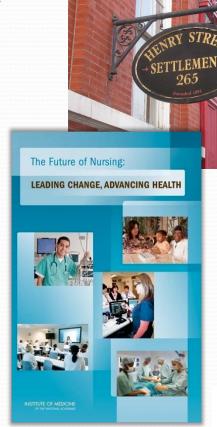
Leadership and Workforce Development: Nurses Leading the Way

Nurses essential partners in promoting health

in nursing *history* and nursing *future*

"The call to the nurse is not only for the bedside care of the sick but to help in seeking out the deep-lying basic cause of illness and misery, that in the future there may be less sickness to nurse and cure."

Lillian Wald, 1915 Founder of the Henry Street Settlement





Leadership to Promote a Culture of Health Tri-State Nurses on Boards Training

- Founded on national curricula, expert guidance, and lessons learned
- Module-based curriculum: COH, leadership, mentorship and board service
- 2018 NOB training results:
 - o Found my voice
 - Integrating COH concepts into practice and life
 - o Increased awareness of strengths of self and others
 - o 100% reported desire to serve on a board
 - o 37% serving on new boards
 - o 12% integrating new knowledge/changing way the serve on boards
 - Upcoming training October 29-30 Memphis
 - o Nurses leading the way....



Cindy Day, DNP, RN, FNP Healthy Active Yell County Arkansas Committee – transforming health in rural AR



Carol Etherington, MSN, RN, FAAN Chair, Metropolitan Board of Health of Nashville and Davidson County Doctors without Borders President 2002-2004



Nursing Workforce Development Culture of Health Delphi Study with TN Nursing Deans and Directors

- Round one open ended interviews with 10 deans/directors
- Round 2- validation of themes
- Round 3 surveys 23 of 45 TN deans/directors (51%)
 - All reported importance of integrating COH/population health into curricula
 - Barriers time and volume of current curricula
 - Facilitators faculty are primary facilitators of change (flexible, innovative, willing to engage and empower students)
- Study fostered statewide survey of TN health professions schools
 - Similar barriers as those noted by nursing deans and directors, as well as system's emphasis on health *care* instead of health
 - 97% very or extremely important for health professions students to receive population health content
 - Follow up interviews planned

Culture of Health

- Where good health and well-being flourish across geographic, demographic, and social sectors;
- Where fostering healthy equitable communities guides public and private decision making;
- Where everyone has an opportunity to make choices that lead to healthy lifestyles.



We're glad y'all are here!





