

PART TWO

LGBTQIA+ Health Resources

Providing Affirming Nursing Care for Black LGBTQ Community Members

Wednesday, October 14, 2020 at 3:00 pm ET



Dr. Jonathan Lassiter, PhD

Assistant Professor of Psychology at Rowan University



**NATIONAL
NURSE-LED CARE
CONSORTIUM**
a PHMC affiliate



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A healthy PA through nursing



BRADBURY-SULLIVAN
LGBT COMMUNITY CENTER

*Serving the LGBT Community
of the Greater Lehigh Valley*

PART TWO

Disclosures

- There is no potential conflict of interest or financial interest by the faculty and/ or planners of this activity to be disclosed
- There is no endorsement by the National Nurse-Led Care Consortium, PA Action Coalition, the Bradbury-Sullivan LGBT Community Center, the University of Pittsburgh or ANCC of any commercial products discussed / displayed in conjunction with this educational activity
- The entire session and the participant feedback tool must be completed to earn contact hours

LGBTQIA+ Health Resources Webinar Series

- **Part One: Informing Nursing Practice to Deliver Effective Healthcare to Sexual and Gender Minority Populations**
 - Wednesday, September 16, 2020, 2:30 PM ET
 - Perry N. Halkitis, PhD, MS, MPH Dean and Professor of Biostatistics and Urban-Global Public Health, Rutgers School of Public Health
- **Part Two: Providing Affirming Nursing Care for Black LGBTQ Community Members**
 - Wednesday, October 14, 2020, 3:00 pm ET
 - Jonathan Lassiter, PhD, Assistant Professor of Psychology at Rowan University
- **Part Three: Health Challenges Faced by LGBT Youth**
 - Wednesday, November 18, 2020, 2:30 pm ET
 - Ryan Thoreson, DPhil, JD. Researcher in the LGBT Rights Program at Human Rights Watch



10/14/2020

Welcome from the Bradbury-Sullivan LGBT Community Center

Adrian Shanker, Executive Director



PROVIDING AFFIRMING NURSING CARE FOR BLACK LGBTQ COMMUNITY MEMBERS

LGBTQIA+ Health Resources Webinar Series

Wednesday, October 14, 2020

3:00 PM EST

A Presentation by Jonathan Mathias Lassiter, PhD

OVERVIEW

- Review research findings on health inequities and barriers to equitable care among Black LGBTQ people
- Define intersectionality and explain its implications for contributing to affirming care for Black LGBTQ people
- Identify three risk factors and three resilience factors that uniquely impact Black LGBTQ people's health
- Discuss how nurses may assess these risk and resilience factors and integrate them into their treatments for Black LGBTQ people



HEALTH INEQUITIES???

- Disproportionate incident of disease based on one's status as a member of a social group(s), arising from the social conditions in which people are born, grow, live, work, and age.
 - Race
 - Sexual Orientation
 - Gender
 - Socioeconomic status
 - Geographic location

HEALTH INEQUITIES EXPERIENCED BY BLACK LGBTQ PEOPLE

- Suicide
- Gynecological and breast cancers among Black lesbians
- HIV among Black gay and bisexual men
- Incarceration
- Oral health



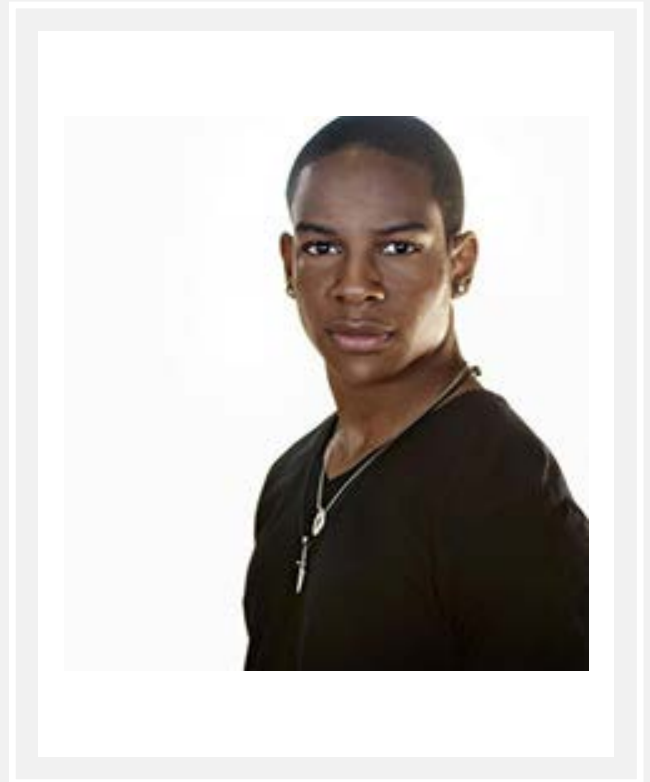
HEALTH INEQUITIES EXPERIENCED
BY BLACK LGBTQ PEOPLE...
CONTRIBUTING FACTORS

- Racial and ethnic disparities in healthcare occur in the context of:
 - Broader historic and contemporary social and economic inequality
 - Persistent racial and ethnic discrimination in many sectors of American life
- Sexual minority disparities in healthcare occur for similar reasons:
 - Heterosexism and bigenderism in medicine
 - Hyper-focus on body parts and behavior and not people ***
 - Lack of cultural sensitivity/awareness
 - Income inequity; insurance access

HEALTH INEQUITIES EXPERIENCED BY BLACK LGBTQ PEOPLE... CONTRIBUTING FACTORS

- Patient-level variables
 - Care and provider preferences
 - Refusal of treatment or poor treatment adherence
 - Clinical appropriateness of care (one size fits all?)

- Healthcare systems-level factors
 - Language barriers
 - Shift to managed care models
 - Time pressures on nurses
 - Geographic availability



HEALTH INEQUITIES EXPERIENCED BY BLACK LGBTQ PEOPLE... CONTRIBUTING FACTORS

- Care-process-level variables
 - Clinical uncertainty
 - Relying on prior beliefs about likelihood of patients' conditions to make recommendations
 - Implicit and explicit stereotypes
 - Nurse's prejudice or bias
 - Decision-making under time pressure with limited information
 - Patient response: medical mistrust and refusal
 - Health-related illiteracy



ENTER...INTERSECTIONALITY THEORY

- Developed by Kimberlé Crenshaw in 1988
- Possible first proponent Sojourner Truth 1851 *Ain't I a Woman?* speech
- Feminism and critical race theory



WHO ARE BLACK LGBTQ PEOPLE?

- Holistic perspective
- Intersectionality
 - The ways in which one's privileged and marginalized identities at the individual level (e.g., class, sexual orientation, race) intersect and are influenced by interlocking systems at the structural level (e.g., capitalism, heteronormativity, white supremacy)



WHAT YOU, AS A NURSE, NEED TO KNOW ABOUT BLACK LGBTQ PEOPLE

- Treat the whole person
- Don't overemphasize sexual orientation, gender identity, race, or disease
- Be mindful of:
 - Patients' ambivalence about intersecting identities
 - Differences between sexual identity, sexual behaviors, and sexual attractions
 - Gender affirming care
 - Welcoming physical environment

A FOCUS ON RISK AND RESILIENCE

- Black LGBTQ people are disproportionately impacted by several negative health outcomes and lack of access to healthcare
- Less likely to be retained in healthcare and to report negative experiences with healthcare providers
- **Black LGBTQ people have several strengths that are often overlooked and can be utilized in the healthcare setting**



RESILIENCE AS AN INTEGRAL FACTOR IN TREATMENT

What is resilience?

- Adaptation in the presence of risk factors/environments that helps one to avoid negative consequences and achieve healthy outcomes
- A process that changes and develops over time



Things to Be Mindful Of:

- Intersecting identities
- Religion/spirituality
- Family/peers
- Social media
- A space to experiment
- Improvisation/fluidity

EXAMPLE: SPIRITUALITY AS RESILIENCE

- Many Black LGBTQ people remain religious or spiritually identified
- Many Black LGBTQ remain in traditional religious organizations
- Homonegative and homotolerant environments
- Reconciliation of religious and sexual identities

- Spirituality linked to more positive mental health outcomes
- Spirituality may be culturally-specific for Black LGBTQ people
- Strengths-based approach

RESILIENCE AS AN INTEGRAL FACTOR OF THE TREATMENT PLAN

Questions to ask:

- What spiritual or religious activities or media might encourage you to engage in treatment/prevention behaviors? (spirituality)
- Who in your social circle might help you adhere to this treatment/prevention plan? (social support)
- What events do you have coming up that make it important for you to keep up with this treatment/prevention plan? (motivation)
- If you run into a problem with the treatment/prevention plan, how might you handle it? (effective problem-solving)



Q&A

- What issues have you encountered with Black LGBTQ people that have been difficult to address in your nursing work?
- Have you tried a resilience approach while providing care to a Black LGBTQ person?
- How might you assess for resilience with a Black LGBTQ person in your care?
- Additional questions???

THANK YOU

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Contact me at:
jonathanmllassiter@yahoo.com

2

Learn more about me
at:
jonathanmllassiter.com

3

Follow me on

Twitter: [@matjl](https://twitter.com/matjl)
Instagram:
[@jmllassiterphd](https://www.instagram.com/jmllassiterphd)



QUESTIONS...

- Part 2: Providing Affirming Nursing Care for Black LGBTQ Community Members
 - Dr. Jonathan Lassiter, PhD, Assistant Professor of Psychology at Rowan University

Jenny Horn, PA Action Coalition Manager: jhorn@phmc.org

PART THREE

LGBTQIA+ Health Resources

Health Challenges Faced by LGBT Youth

Wednesday, November 18, 2020 at 2:30 pm ET



Ryan Thoreson, DPhil, JD

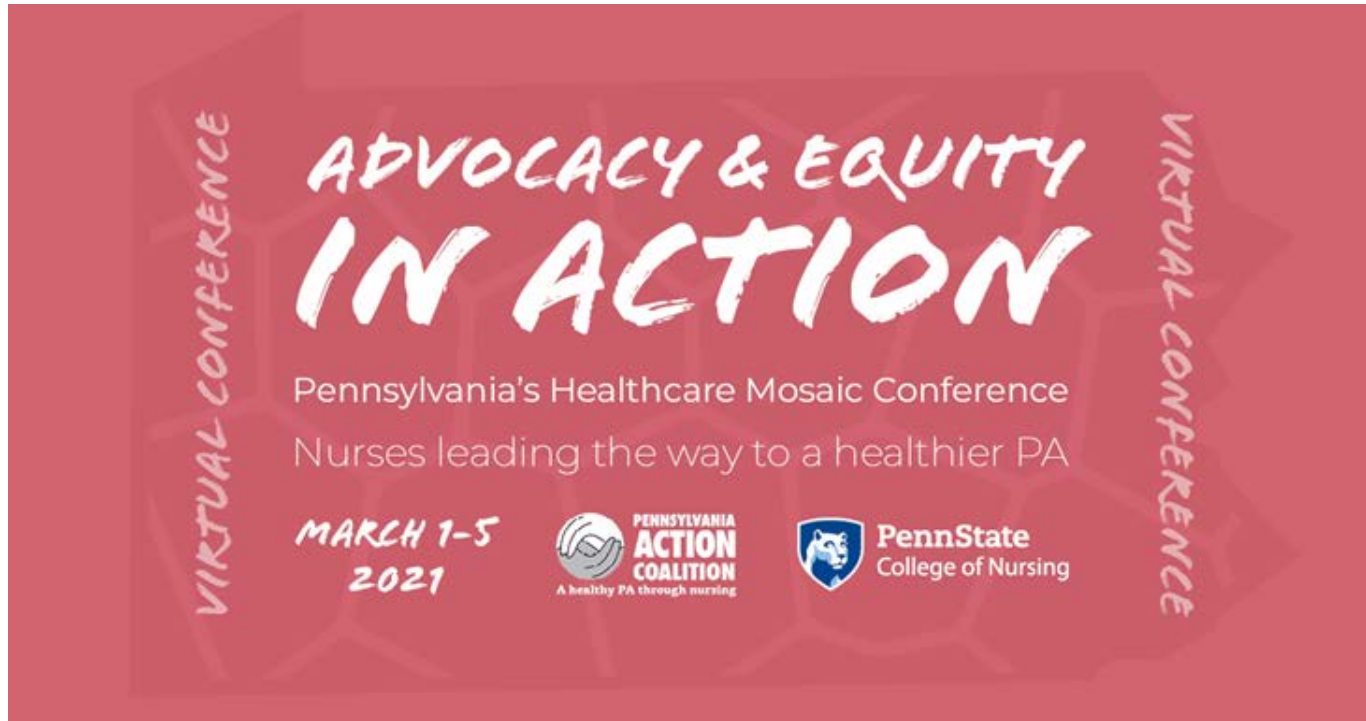
Researcher in the LGBT Rights Program at Human Rights Watch



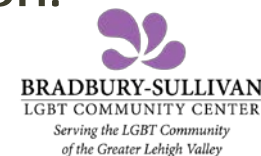
PART THREE

10/14/2020

Pennsylvania's Healthcare Mosaic Conference



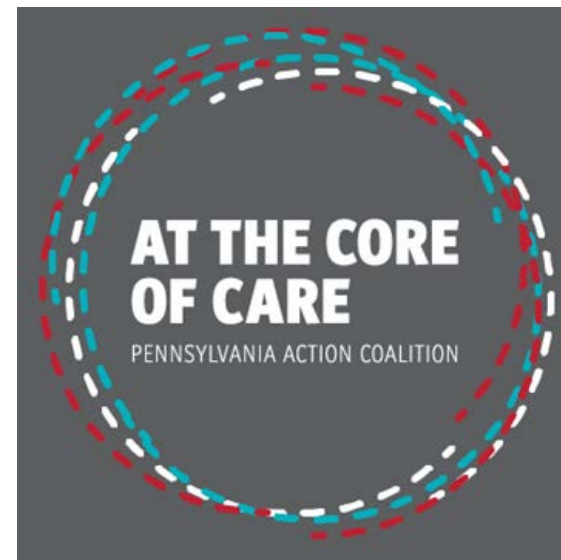
Registration coming soon!



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THANK YOU!

- Jenny Horn, PA Action Coalition Manager:
jhorn@phmc.org
- Zaharaa Davood, PA Action Coalition Coordinator:
zadavood@phmc.org
- Sarah Hexem Hubbard, PA Action Coalition and National Nurse-Led Care Consortium Executive Director: shexem@phmc.org

