

# Nurse-Led Care Principles of Nursing Care Transformation



## Vision of Nurse-Led Care Delivery

The mission of the National Nurse-Led Care Consortium is to advance nurse-led health care through policy, consultation, and programs to reduce health disparities and meet people's primary care and wellness needs.

Nurse-led care exists at the intersection of multidisciplinary healthcare, where nurses have a transformative role as holistic caregivers, advocates, and leaders. Nurses have unique skills and insight to treat the whole person, serving as a critical connection between compassionate and evidence-based healthcare. Nurse-led care is defined by nurses working to the full scope of their licensure as part of a team, embracing principles of nursing, to engage patients, families and communities to deliver evidence-based, whole-person care.



## Guiding Principles of Nurse-Led Care

Nurse-led principles of care can be used to deliver improved outcomes for patients, staff, and the larger healthcare community. This includes:

1. Commitment to nurse leadership
2. Proactive coordination of patient care
3. Working as a collaborative member of the larger healthcare community
4. Adoption of interdisciplinary care teams and/or adoption of care team work flows
5. Integration of non-primary care services into practice
6. Engagement of patients and families
7. Creating a fulfilling, joyful practice experience for all staff

Learn more about the principles of nurse-led care on:

**[NurseLedCare.org](https://NurseLedCare.org)**

## Nurse-Led Care Principles in Action

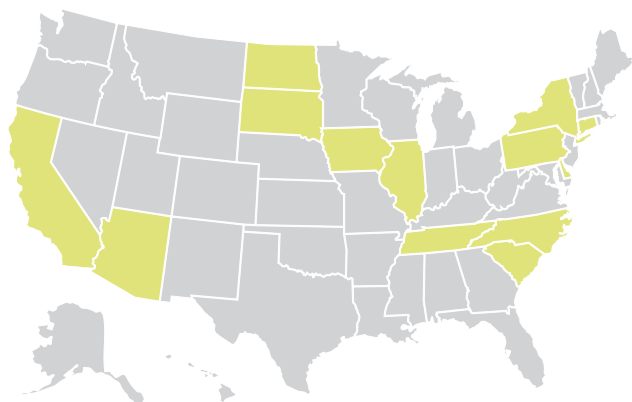
The **Upper Valley Medical Center (UVMC), in Troy, Ohio** was experiencing a concerning number of Emergency Department readmissions for their heart failure patients. In response, the center's Chief Nursing Officer convened a team to explore solutions that would take into account the region's historic under-utilization of medical care. The group's recommendations resulted in the formation of the Community Wellness Center (CWC), a clinic managed by a nurse practitioner who provides support to patients with heart failure. Following a nursing model, the CWC's care focus is on education rather than diagnosis. Practitioners at the center see heart failure patients one to two weeks post-discharge to review medications, make adjustments as needed, and provide resources and education about heart failure. The clinic also maintains an after-hours call line for family and patient support. With a care team that extends beyond the inpatient setting, CWC is helping to bridge care for heart failure patients during a vulnerable post-hospitalization period.

## Outcomes of Training Principles of Nurse-Led Care

With data from NNCC training partners:

	Reduce Uncontrolled Diabetes (NQF 0059)	Increase Hypertension Control (NQF 0018)	Reduce Unnecessary ED Visits
<b>Achievements</b>	8.82% improvement	2.71% improvement	3.11% improvement
<b>Est. Lives Improved</b>	32,393 people	16,379 people	30,591 people
<b>Est. Cost Savings</b>	\$46.4 million	\$6.9 million	\$27.6 million

NNCC delivered 18 workshops in 13 states to 962 learners from 216 clinical practices and organizations. Workshops focus on utilization of nurse-led principles of care, including interdisciplinary care team optimization and patient-centered care coordination, to drive practice transformation. NNCC evaluates the impact of these trainings on chronic disease outcomes



**962** Clinical and QIA staff trained

**216** Practices and organizations