Vision of Nurse-Led Care Delivery

The mission of the National Nurse-Led Care Consortium is to advance nurse-led health care through policy, consultation, and programs to reduce health disparities and meet people's primary care and wellness needs.

Nurse-led care exists at the intersection of multidisciplinary healthcare, where nurses have a transformative role as holistic caregivers, advocates, and leaders. Nurses have unique skills and insight to treat the whole person, serving as a critical connection between compassionate and evidence-based healthcare. Nurse-led care is defined by nurses working to the full scope of their licensure as part of a team, embracing principles of nursing, to engage patients, families and communities to deliver evidence-based, whole-person care.

Guiding Principles of Nurse-Led Care

Nurse-led principles of care can be used to deliver improved outcomes for patients, staff, and the larger healthcare community. This includes:

1. Commitment to nurse leadership
2. Proactive coordination of patient care
3. Working as a collaborative member of the larger healthcare community
4. Adoption of interdisciplinary care teams and/or adoption of care team work flows
5. Integration of non-primary care services into practice
6. Engagement of patients and families
7. Creating a fulfilling, joyful practice experience for all staff

Learn more about the principles of nurse-led care on: NurseLedCare.org
Nurse-Led Care Principles in Action

The Upper Valley Medical Center (UVMC), in Troy, Ohio was experiencing a concerning number of Emergency Department readmissions for their heart failure patients. In response, the center’s Chief Nursing Officer convened a team to explore solutions that would take into account the region’s historic under-utilization of medical care. The group’s recommendations resulted in the formation of the Community Wellness Center (CWC), a clinic managed by a nurse practitioner who provides support to patients with heart failure. Following a nursing model, the CWC’s care focus is on education rather than diagnosis. Practitioners at the center see heart failure patients one to two weeks post-discharge to review medications, make adjustments as needed, and provide resources and education about heart failure. The clinic also maintains an after-hours call line for family and patient support. With a care team that extends beyond the inpatient setting, CWC is helping to bridge care for heart failure patients during a vulnerable post-hospitalization period.

Outcomes of Training Principles of Nurse-Led Care

With data from NNCC training partners:

<table>
<thead>
<tr>
<th>Achievements</th>
<th>Reduce Uncontrolled Diabetes (NQF 0059)</th>
<th>Increase Hypertension Control (NQF 0018)</th>
<th>Reduce Unnecessary ED Visits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Est. Lives Improved</td>
<td>8.82% improvement</td>
<td>2.71% improvement</td>
<td>3.11% improvement</td>
</tr>
<tr>
<td>Est. Cost Savings</td>
<td>$46.4 million</td>
<td>$6.9 million</td>
<td>$27.6 million</td>
</tr>
<tr>
<td></td>
<td>32,393 people</td>
<td>16,379 people</td>
<td>30,591 people</td>
</tr>
</tbody>
</table>

NNCC delivered 18 workshops in 13 states to 962 learners from 216 clinical practices and organizations. Workshops focus on utilization of nurse-led principles of care, including interdisciplinary care team optimization and patient-centered care coordination, to drive practice transformation. NNCC evaluates the impact of these trainings on chronic disease outcomes.