



“Addressing the Stigma Surrounding Substance Use Disorder Through Connections”

**Patient Engagement Learning Series
National Nurse-Led Care Consortium
Tuesday, February 4, 2020**



National Nurse-Led Care Consortium

The **National Nurse-Led Care Consortium (NNCC)** is a membership organization that supports nurse-led care and nurses at the front lines of care.

NNCC provides expertise to support comprehensive, community-based primary care and public health nursing.

- Policy research and advocacy
- Program development and management
- Technical assistance and support
- Direct, nurse-led healthcare services

Speakers



Samantha Reed

Student Nurse Representative
Community College of Philadelphia



Nadia Lightly

Student Nurse Representative
Community College of Philadelphia



Lauren Tavolaro-Ryley

Independence Foundation Chair in Nursing
Community College of Philadelphia



Kristine Gonnella

Moderator
National Nurse-Led Care Consortium



Shelley Bastos

Patient Representative
National Nurse-Led Care Consortium



Objectives

- Recognize nursing basics and how to shift the conversation in reducing stigma in day to day practice
- Identify ways to work towards educating the next and current generation of health care professionals in addressing the complexity of substance use disorder

Panel Discussion



Samantha Reed

Student Nurse Representative
Community College of Philadelphia



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Patient Representative
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Pop Up Question

During a healthcare encounter what assumptions might be made when engaging someone with substance use disorder?

19130 Zip Code Project

- Community College of Philadelphia
Department of Nursing
- Funded by the Independence Foundation
- Partnerships with the community
- Health Promotion & Disease Prevention activities to vulnerable populations in Philadelphia



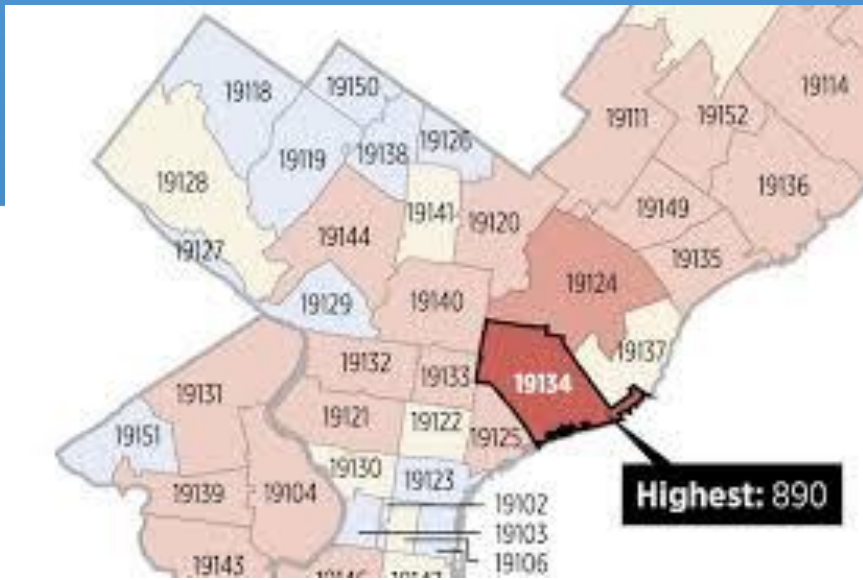


How to address the opioid crisis?

How do we educate the next generation of health care professionals & develop current health care professionals in addressing the complexity of substance use disorder ?



Kensington..



Kensington Storefront Project

Porchlight program a
collaboration between
Mural Arts and the
Department of Behavioral
Health and Intellectual
disability



Making art and teaching art helps people connect, Pannepacker said. “You see the essence of someone, and you want the best for them. You want to help them align with that somehow.”



Objectives of the Experience



- Understand that we are more alike than different
- Meeting people where they are
- Recognize the impact of harm reduction related to substance use disorder (v. all or nothing approach)
- Recognize the bias related to caring for individuals with substance use disorder, mental illness and homelessness
- Identify how stigma in caring for this population can negatively impact health outcomes
- Appreciate the Value of small gestures

“I am more
than my
addiction”



Motivational Interviewing
*Express empathy through
reflective listening*

The power of calling somebody by
name

The significance of asking
somebody about their day



Preparing a
workforce who
sees people
outside of their
addiction



Reflection: Small Gestures



“Today we visited “Kensington Storefront”, it was an eye-opening experience to say the very least. Even though I am currently working with clients who suffer from substance dependence disorders and having been exposed to family members substance dependency there was a big hesitance on my part. When we got there the neighborhood was seedy with people staring as we got out of my car. I come from a very similar neighborhood, so I wasn’t necessarily scared but most of the traumatic experiences in my childhood can be linked back to growing up in an improvised neighborhood. At first when trying to engage in conversation it was a bit difficult. I did help a couple of people with medical issues, and I hope that these small gestures showed them that they do matter. I am really appreciative for this experience.”

Reflection- People are just people

“I come from a long background of family members dealing with substance abuse issues. All different drugs of choice, alcohol, pills, and crack. Five of my close relatives are still in their addiction. So I, on many occasions contemplating telling you I don't think I should go. My husband literally asked me the night before if I thought it's a good idea for me to be in that environment. I didn't ask to not go because I wanted to experience going and seeing things in different light. **People are just people**”

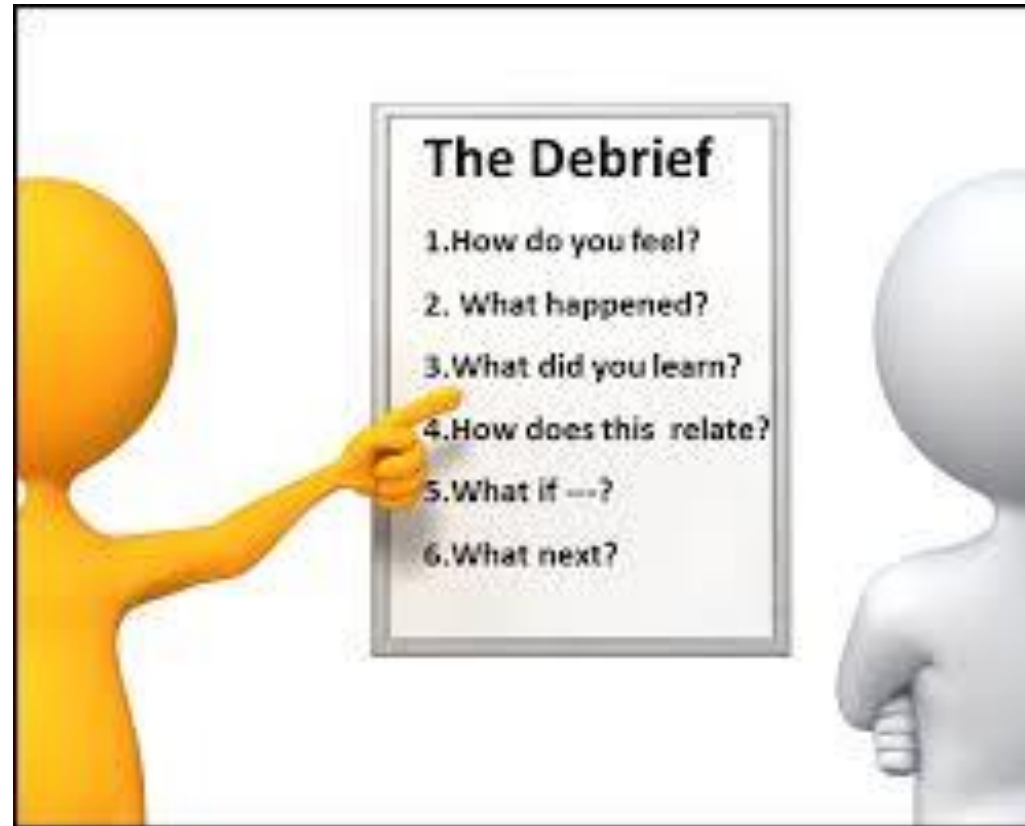


Reflection- We talked about the Phillies

“This clinical day - surprising to say - was so far my favorite. My anxiety was way high being thrust into an uncomfortable situation, in a small store front on Kensington Avenue but it was rewarding. Since my sister has been a heroin addict for almost 20 years now I was dreading this experience, mostly because I didn’t want her or someone who knew me from her to walk in while I was there. I don’t understand addiction on the level that leads you to be homeless, but I did feel empathy for a lot of the people I talked to because they were nothing like my sister and weren’t afforded the 15 chances and 9 trips to rehab that she has. **After talking to one gentleman he explained that he was clean, had a bed at a rehab and a job. He was wearing a Phillies hat and what we really talked about were the Phillies!**”



DEBRIEFING



Hmmmm....

- How do we balance the content v. processing in a topic like substance use disorder
- How can we prepare our students to better work in teams
- What strategies work best to break down the stigmas and labels around substance use disorder?
- How do we stop working in silos?



Thank you



Pop Up Question

What are ways to reduce bias and stigma around substance use?

Discussion





#YearOfTheNurse

2020

Nurse-Led Care



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