

*Care for Aging Residents of Public Housing: Strategies
for Rural and Urban Settings*

Session 2: Sustaining Impact and Measuring Outcomes



**NATIONAL
NURSE-LED CARE
CONSORTIUM**
a PHMC affiliate

January 27th, 2026 | 3 pm EST

Zoom Orientation

1

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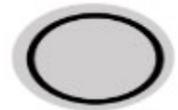
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The National Nurse-Led Care Consortium (NNCC) is a nonprofit public health organization working to strengthen community health through quality, compassionate, and collaborative nurse-led care through:

- training and technical assistance
- public health programming
- consultation
- direct care

To learn more about NNCC, please visit our website at www.nurseledcare.org.



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Jillian Bird, MS, RN
Director of Training and Technical Assistance



Matt Beierschmitt, MPP
Assistant Director of Training and Technical Assistance



Fatima Smith, MPH, CHES
Project Manager



Regina Brecker, MPH, CHES
Project Coordinator



Lucy Lunay
Program Intern



Anna Fry, MPH, BSN, RN
Clinical Nurse Educator

Today's Agenda

5 min - Welcome

20 min- Gretchen Bell

- Overview of Multisector Plans on Aging, Key Partnerships, and Outcomes of Implementation

20 min- Jessie Pierce

- Overview of Aging Our Way
- 8 Domains of Livability

10 min - Questions & Wrap-Up



Subject Matter Expert



Gretchen Bell, MPP

Senior Program Officer at the Center for Health Care Strategies (CHCS)

Housing and Multisector Plans for Aging

January 27, 2025

Supported by The SCAN Foundation, West Health, May and Stanley Smith Charitable Trust, and the Henry & Marilyn Taub Foundation

What is a Multisector Plan for Aging (MPA)?



1 State-Led: Authorized through legislation, Executive Order, or a decree/declaration.



2 Cross-Agency Development and Accountability: Involves input, leadership, and accountability from various departments, agencies, and branches of state government.



3 Stakeholder and Community Engagement: Incorporates broad stakeholder engagement, including input from non-traditional stakeholders and community members.



4 Broad Focus on Aging Throughout the Lifespan: Promotes the message that "we are all aging".



5 Data Driven: Uses data to identify needs and priorities, create benchmarks and targets, and measure progress and outcomes.



6 Living Document: Refreshed every 1-2 years with regular reports on progress and measurement of goals.

An MPA does not reinvent the wheel

MPAs do not replace existing age-related initiatives but rather strengthen them by **elevating common goals and connections across initiatives**, reduce duplication and streamlining efforts.

Initiatives and stakeholders that can be engaged include but are not limited to:

- State-led offices or initiatives related to aging and disability
- Federally-funded groups or initiatives in your state
- State/regional/local programs or groups focused on aging and disability (not led by state)
- Important private industries in your state
- Other initiatives or groups that are not aging/disability focused but are important to engage such as emergency response services, public transportation reform, etc.

Benefits of Developing an MPA

The development of an MPA can have many benefits for the state:

- ✓ Build bridges across government agencies and departments
- ✓ Educates state agencies, stakeholders and industries about how their work does impact older adults (even if they are not specifically focused on aging/disability)
- ✓ Facilitate collaboration between policymakers and broad stakeholders
- ✓ Raise awareness among policymakers and the public about how aging and disability-related policy impacts people at all stages of life
- ✓ Establish statewide priorities to respond to unanticipated and urgent events
- ✓ Create academic, analysis, and other partnerships that bring aging and gerontology experts to the forefront and ensure data-based planning
- ✓ Incorporate an aging and disabilities lens across state priorities beyond traditional health care and community services



Fast Facts about the Aging Population (in 2022) – Income & Housing

- The median income of older people was \$29,740
 - Men had a higher median income overall (\$37,430) compared to women (\$24,630)
 - Nearly 1 in 10 people 65 and older living below the poverty level
- Nationally, adults age 50+ are one of the fastest-growing segments of people experiencing homelessness, and these numbers are **expected to triple by 2030**.
 - Late life homelessness can have serious impacts such as increased likelihood to have cognitive decline and functional impairments than their housed counterparts and often acquire medical conditions on par with someone 20 years older
- While many older adults (88%) want to live in their homes for as long as possible, only 10% of U.S. homes can accommodate older populations.

Sources: 1) Administration for Community Living, [2023 Profile of Older Americans Report](#);
2) CHCS, [Making CalAIM Work for Older Adults Experiencing Homelessness \(July 2023\)](#)

Using MPAs to Address Housing for Older Adults

	California: Master Plan for Aging	Pennsylvania: Aging Our Way, PA
Housing-Related Goal/ Priority	<p>Goal 1: Housing for any Ages and Stages “We will live where we choose as we age in communities that are age, disability-, and dementia-friendly and weather and disaster-ready.”</p>	<p>Priority: Aging in Community “We will remediate barriers that prevent older adults from remaining in their own homes, maintaining familiar surroundings, staying connected to their communities, and living in secure dwellings.”</p>
Example Initiative/ Tactic	<p>2025-2026 Initiative: Launch the California Behavioral Health Community-Based Organized Networks of Care and Treatment (BHCONNECT) Demonstration Medi-Cal Transitional Rent program and report annually on the number of older adults and people with disabilities served.</p> <p>Agency/Department Lead: California Health and Human Services, Department of Health Care Services (CalHHS: DHCS)</p>	<p>Strategy: Addressing accessibility needs in housing:</p> <ul style="list-style-type: none"> Tactic: Create partnerships between PDA, the housing sector, and health and social service experts to develop and administer aging-specific grants for older adults who are homeless. <p>Executive Order 2024-03 tasked the Department of Community and Economic Development and Department of Human Services to develop a statewide Housing Action Plan, which will incorporate older Pennsylvanians perspectives.</p>

Additional Resources



State MPAs

- California: [Master Plan for Aging](#)
- Colorado: [Strategic Action Plan on Aging](#)
- Massachusetts: [ReiMAgine Aging](#)
- Minnesota: [Multisector Blueprint for Aging](#)
- North Carolina: [All Ages, All Stages NC](#)
- Oklahoma: [Aging Our Way, Oklahoma](#)
- Pennsylvania: [Aging Our Way, PA](#)
- Texas: [Aging Texas Well Strategic Plan](#)
- Utah: [Utah for the Ages](#)
- Vermont: [Age Strong VT](#)

For more details: [Multisector Plan for Aging: Paving the Way for Healthy Aging,](#)

West Health

Resources

- [Getting Started with a Multisector Plan for Aging](#) – This tool defines what an MPA is, describes the benefits and goals of this approach, and outlines key building blocks for generating buy-in and momentum for an MPA.
- [Developing a Multisector Plan for Aging](#) – This tool outlines core tenets to guide an MPA development process and best practices for cross-sector MPA development. Also see the [companion infographic](#).
- [The Unexpected Benefits of a State Multisector Plan for Aging](#) – This brief describes the benefits of the MPA planning and implementation process, including concrete examples from California’s experience, to inform leaders and advocates from other states.
- [Involving Family Caregivers to Shape Multisector Plans for Aging](#) – This tool describes strategies states can use to engage family caregivers to shape an MPA and shares considerations for how MPAs can prioritize family caregivers based on efforts in Minnesota and Texas.
- [Working Across State Agencies to Build a Multisector Plan for Aging](#) – This tool shares best practices and tips for how state agencies to work together to build an effective MPA.
- [The State of Multisector Plans for Aging in 2024](#) – This report highlights key takeaways from the survey results, including common themes across states’ MPA development and implementation strategies.
- [How State Plans on Aging and Multisector Plans for Aging Align to Serve Older Adults](#) – This policy brief outlines the differences between SPAs and MPAs along with opportunities states have taken to align both plans.

Multisector Plan for Aging Website



The screenshot shows the homepage of the Multisector Plan for Aging website. At the top left is the logo, which consists of a stylized gear icon and the text "MULTISECTOR PLAN for AGING". To the right of the logo is a navigation menu with links for "Home", "Resources", "Newsletters", and "West Health", followed by a red "Get Involved" button. Below the navigation is a dark blue banner with white text that reads: "Every state needs a **Multisector Plan for Aging (MPA)** to ensure that all Americans have access to coordinated care and support services that enable them to age with health, dignity and connection." Below the banner, the page is divided into two columns. The left column is titled "THE OPPORTUNITY" and contains two paragraphs of text. The right column is titled "WHAT IS AN MPA?" and contains two paragraphs of text. The background of the page features a faint, light blue map of the United States.

MULTISECTOR PLAN for AGING

Home Resources Newsletters West Health Get Involved

Every state needs a **Multisector Plan for Aging (MPA)** to ensure that all Americans have access to coordinated care and support services that enable them to age with health, dignity and connection.

THE OPPORTUNITY

America's older-adult population is growing, and in many parts of the country, current infrastructure is not equipped to provide the range of services needed for the increasingly diverse population of older adults and people with disabilities, along with the caregivers that support them.

Every state develops its own MPA based on its unique characteristics, history, politics, and existing aging and disability initiatives.

WHAT IS AN MPA?

An MPA is a **10+ year blueprint** for restructuring state and local policies and convening a wide range of cross-sector stakeholders to collaboratively address the needs of older-adult populations.

MPAs are designed to create a **coordinated system of high-quality care and support services** that promote healthy aging, independent living, and social engagement, while also addressing issues related to healthcare, housing, transportation, and other **non-medical drivers of health**.

Learn more: <https://multisectorplanforaging.org/>

- Resource for stakeholders interested in learning more about MPAs and following state activity.

→ Examples include:

- Importance of securing an Executive Order or legislation to support creating an MPA
- Implementing MPAs on the local level
- How an MPA differs from a State Plan on Aging



For questions or follow up, contact:

Gretchen Bell, Senior Program Officer

gbell@chcs.org

Subject Matter Expert



Jessie Pierce

Executive Director, Pennsylvania Council on Aging



Aging **Our Way, PA**

A Plan for Lifelong Independence



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Aging Our Way, PA

Context: Pennsylvanians Are Aging, We Are Preparing

- Older adult demographics are changing
- Multisector Plans for Aging (MPAs) are a national movement

Development: A Gold Standard in Record Time

- Over 20,000 Pennsylvanians contributed input to the Plan
- 30 state agencies are committed to the Plan, including partners outside the Governor's jurisdiction
- **372 days** from Executive Order to publication

Content: A 10-Year Roadmap to Aging Transformation

- 5 high-level priorities, 36 strategic approaches, 163 actionable tactics



Five Priorities

Unlocking Access

Ensure that all older Pennsylvanians can live healthy, fulfilling lives regardless of background.

Aging in Community

Enable older Pennsylvanians to maintain secure housing, active community involvement, and familiar surroundings.

Gateways to Independence

Promote older adults' ability to move freely, safely, and conveniently via public and private transportation.

Caregiver Supports

Provide support, training, respite, and navigation tools to paid and unpaid caregivers.

Education and Navigation

Streamline how older adults access services and supports to ensure resources are easy to find, straightforward to access, and available from trustworthy sources



Housing-related Tactics



Expand SHARE

Universal Design
in new
construction

Inclusive zoning



Housing
accessibility
campaign

Housing diversity
campaign

AAA housing
navigators



8 Domains of Livability Framework



- **Housing:** Is the resident's housing safe, secure, and accessible?
- **Outdoor spaces and buildings:** Is the neighborhood well-lit, with sidewalks in good repair?
- **Transportation:** Is the bus stop close by, or across a busy street?
- **Social participation:** Are there opportunities for residents to contribute knowledge, experience, and expertise in the community?
- **Communication and information:** Is information about community opportunities reaching the residents?
- **Health services/community supports:** Are wraparound services integrated sufficiently to meet residents' support needs?

Overcoming Barriers to Accessible Care



Age-Friendly Pennsylvania

Reframing Senior Community Centers

PA Link Refresh

PA Carekit

ADRD Office and Plan





Thank you!



Pennsylvania
Department of Aging

Questions?

This presentation is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$550,000 with 0 percent financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by, HRSA, HHS, or the U.S. Government.





Evaluation



Evaluation & NCPD Contact Hours: *Optimizing Case Management for Patient-Centered Telehealth Care*

Thank you for participating in today's training. Please complete the following evaluation to provide feedback on the training and suggest future training topics. If you seek continuing nursing professional development contact hours, please provide the required information to receive your certificate. For any questions or concerns, please contact Regina Brecker at rbrecker@phmc.org.

Would you like Nursing Continuing Professional Development credit for this training? *

Send me a copy of my responses

Submit



Certificate

Once you submit the evaluation, please wait approximately **20 minutes** for your certificate to arrive. It will come from “Smartsheet Automation,” and be linked at the **very bottom of the email** (as seen below). You will not need to request access.

NNCC Certificate for Optimizing Case Management for Patient-Centered T...

 Smartsheet Automation <automation@app.smartshe...
To  Regina Brecker

10:27 AM

 If there are problems with how this message is displayed, click here to view it in a web browser.

If you have any questions or need further assistance, please feel free to reach out to Jillian Bird at jbird@phmc.org or Regina Brecker at rbrecker@phmc.org

Thank you for your participation!

 ANCC115 2025.09.25 Optimizing Case Mgmt-Telehealth

Details

Changes since 9/25/25, 10:25 AM

1 row added , 1 row changed
1 attachment added

1 row added or updated (shown in **yellow**)

[Row 2](#)

First and Last Name
Regina Brecker

Changes made by web-form@smartsheet.com, automation@smartsheet.com

 1 attachment added

 [Optimizing Case Management for Patient-Centered Telehealth Care- Certificate.pdf](#)
(126k) added by automation@smartsheet.com on Row 2: Regina Brecker



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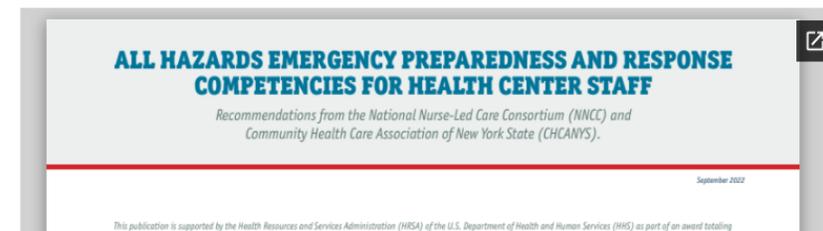
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All Hazards Emergency Preparedness and Response Competencies for Health Center Staff

To successfully perform their assigned emergency/disaster roles, health center staff must understand how their organization will respond to hazards, including the use of altered management structures and modified operations. The National Nurse-Led Care Consortium (NNCC) and the Community Health Care Association of New York State (CHCANYS) created a set of competencies to improve the emergency and disaster preparedness of all health center staff. This publication provides a comprehensive overview of those competencies and sub-competencies, as well as a description of their development process. The competencies are intended to form the foundation of health center staff education and preparedness for all-hazards emergency and disaster response and will allow health centers to direct their limited training time and resources to cover the most essential preparedness aspects.



Upcoming Trainings

January 29th, 2026 - 3pm EST

- Session 2: Optimizing CHWs and Patient Navigators in PHPCs
- *Registration:*

https://us02web.zoom.us/webinar/register/WN_6AVbSMORSWugIB7m7zl_3w

February 3rd, 2026 - 3 pm EST

- Session 3: Care for Aging Residents of Public Housing: Strategies for Rural and Urban Settings
- *Registration:*

https://us02web.zoom.us/webinar/register/WN_zlaUEZo7Q1mt5QoItAov5g



Thank You!

If you have any further questions
or concerns please reach out to
Regina Brecker at rbrecker@phmc.org

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