

# Care for Aging Residents of Public Housing: Strategies for Rural and Urban Settings

## *Session 4: Delivering Accessible Care Models*



**NATIONAL  
NURSE-LED CARE  
CONSORTIUM**  
a PHMC affiliate

*February 10, 2026 | 3 pm EST*

# Zoom Orientation

## 1 Captions

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## 2 Questions

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CC

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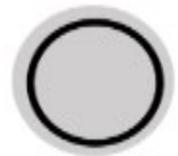


Q&A

Questions

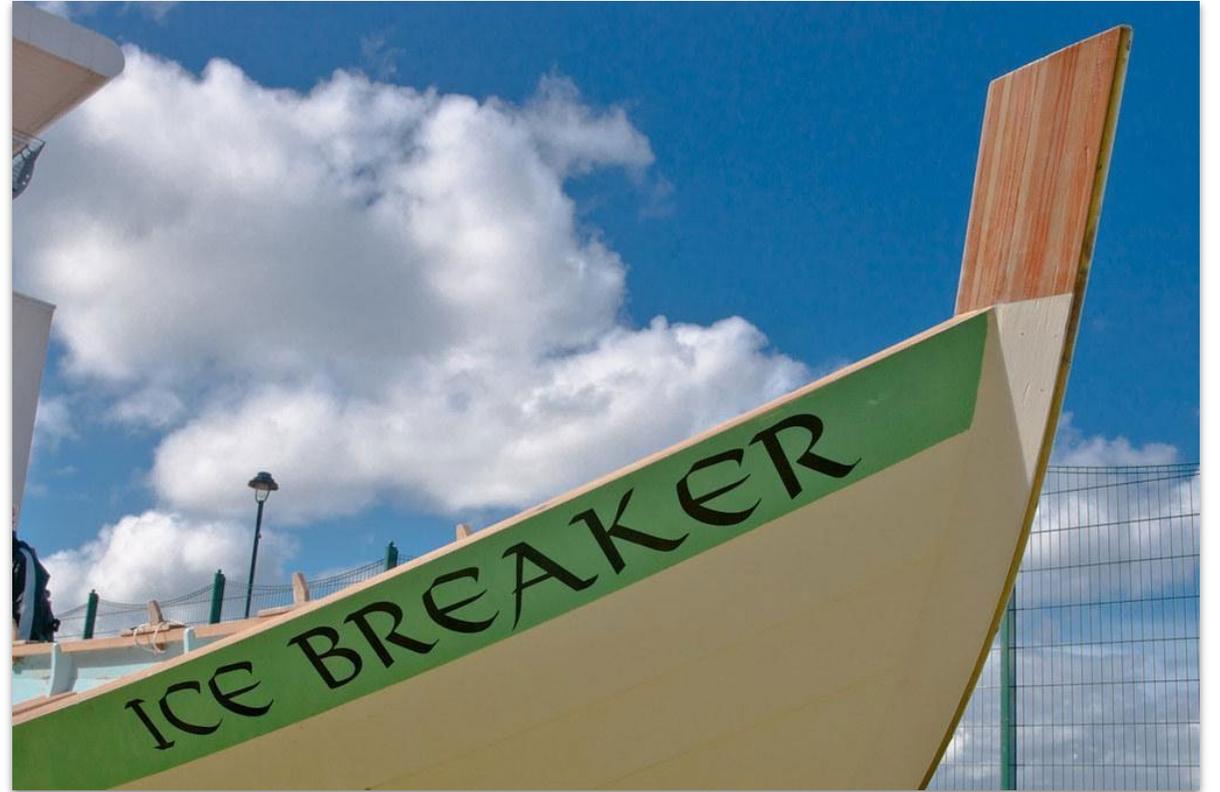


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**The National Nurse-Led Care Consortium (NNCC) is a nonprofit public health organization working to strengthen community health through quality, compassionate, and collaborative nurse-led care through:**

- training and technical assistance
- public health programming
- consultation
- direct care

To learn more about NNCC, please visit our website at [www.nurseledcare.org](http://www.nurseledcare.org).



# Accreditation Statement

**Accreditation Statement:** The National Nurse-Led Care Consortium is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

**Successful Completion Requirements:** Nurses completing the entire activity and the evaluation tool may be awarded a maximum of **1.0 contact hour** of nursing continuing professional development (NCPD). To obtain nursing continuing professional development contact hours, you must participate in the entire activity and complete the evaluation following the session.

**Relevant Financial Relationships:** It is the policy of the National Nurse-Led Care Consortium to require nursing continuing professional development program faculty and planning committee members to disclose any financial relationship with companies providing funding or manufacturers of any commercial products discussed in the educational activity. The program faculty and the planning committee members report they do not have financial relationships with any manufacturer of any commercial products discussed in the activity.



# NNCC National Training and Technical Assistance Partnership (NTTAP)



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# Today's Agenda

5 min - Welcome

40 min- Talyah Sands Leavitt, MPH & Megan DeNubila-Griffin, MPH, CPH

- Introduction to ASTHO (The Association of State and Territorial Health Officials)
- Brain Health in Aging
- From Policy to Practice: Supporting Brain Health and Caregiving at the State Level
- Community Health Worker (CHW) Learning Management System

10 min - Questions & Wrap-Up





# Speakers



**Megan DeNubila-Griffin, MPH, CPH**  
Assistant Director, Chronic  
Disease and Health Improvement



**Talyah Sands Leavitt, MPH**  
Director, Health Improvement  
and Healthy Aging



# Supporting Brain Health and Caregiving through Policy and Community Health Workers

January 13, 2026

# About

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## ASTHO

**The Association of State and Territorial Health Officials (ASTHO)** is a nonpartisan organization and the collective voice of the nation's health officials. ASTHO's membership is comprised of chief health officials from states, Washington, D.C., five U.S. territories, and three Freely Associated States.

**Mission:** To support and amplify the vital work of state and territorial health agencies in advancing the public's health and well-being.



# Health Improvement and Healthy Aging Portfolio



# “Both/and” Approach

## Healthy Aging

- Health promotion across the life course
- Prevention and risk reduction

## Older Adult Health

- Aging population focus
- Improve health and quality of life



**From Policy to  
Practice: Supporting  
Brain Health and  
Caregiving at the State  
Level**



July 2025

## From Policy to Practice: Supporting Brain Health and Caregiving at the State Level

**Report Summary:** This report explores promising policies, models, and strategies to promote brain health across the lifespan and support caregiving. By examining recently proposed and enacted legislation as well as innovative practice, ASTHO offers actionable recommendations that health agency staff and their partners can adapt and scale to strengthen their Healthy Brain Initiative (HBI) Road Map actions and public health impact.

### Authors

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### Acknowledgements:

Various external partners informed and reviewed the content of this report, including practitioners from CDC, Alzheimer's Association, National Association of Chronic Disease Directors, and public health agencies.

# Background

## d

- **Preparation**
  - Legislative Scan
  - Environmental Scan
  - Collaboration
- **Product**
  - Health agency feedback
  - Alignment with Healthy Brain Initiative (HBI) Road Map
- **Purpose**



# Scan Highlights

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- **Fostering Partnership and Collaboration** ★
  - Connecticut HB 6771 – Established an ADRD task force to support the development of the state Alzheimer’s plan.
  - Dementia Services Coordinators – Considered by at least 11 states. ★
- **Supporting a Skilled Workforce**
  - Virginia HB 933 – Requires fire departments and EMS agencies to develop training on ADRD for staff.
  - At least three states amended continuing education requirements: California, Delaware, and Kentucky.

# Scan Highlights

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- **Educating the Public** ★
  - Three states highlighted for public and provider education legislation in 2024: Connecticut, Louisiana, and New York.
- **Strengthening Data Collection and Utilization**
  - Hawaii HB 700 – Establishes a pilot program to support dementia-related data collection.
  - Virginia HB 1455 – Directs the Memory Project to advance data collection ★ and support education and connections for families and providers

# Environmental Scan: Focus Areas and Findings

## State Plans

- SHIPs
- State ADRD Plans
- State Plans on Aging
- Multisector Plans on Aging

## Service Delivery Models

- State-led public health programs and initiatives

## Partnerships

- Collaboration across public, private, and non-profit sectors

## Other

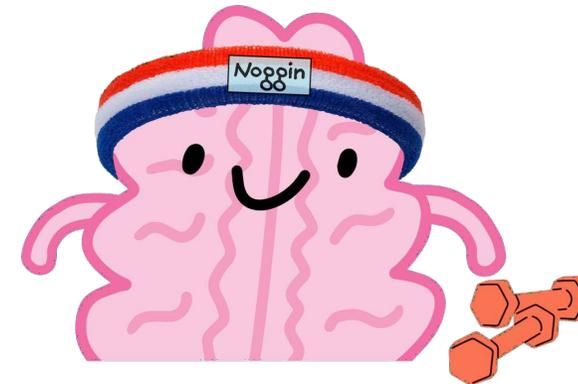
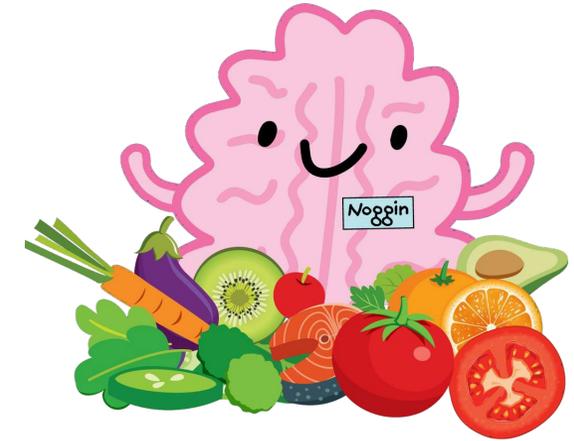
- Data (e.g., State ADRD Registries, BRFSS Modules, databases, etc.)

# Awareness and Education Campaigns

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Free Programs *for* Better Health



Recommendations		
Objective	Strategies	Key Partners
Increase public awareness.	<ul style="list-style-type: none"> <li>Promote provider-patient dialogue on brain health.</li> <li>Educate the public about dementia risk reduction and early detection and the importance of planning for caregiving needs.</li> <li>Integrate brain health messaging into existing chronic disease and wellness initiatives.</li> </ul>	<ul style="list-style-type: none"> <li>Aging agencies.</li> <li>Health care providers.</li> <li>First responders (e.g., Emergency Medical Responders, law enforcement, firefighters).</li> <li>Municipal or regional planning commissions.</li> <li>State policymakers.</li> <li>Communications departments and media channels.</li> <li>Community members living with dementia and their caregivers.</li> </ul>

- Practical pathways for implementation across policy and programmatic domains
- Four key objectives with recommended strategies and partners

# Pathways to

# Progress

# Sparking Action Nationwide

**State and territorial health agencies are well positioned to advance brain health.**

Public health leaders are equipped to influence policy, implement HBI strategies, and design scalable programs to improve brain health and strengthen caregiving supports by convening partners, leveraging data, and embedding prevention into care systems, ensuring ADRD is uplifted as a public health priority.

**Sustainable progress requires coordinated action.**

A single sector would not be able to address the complexities of ADRD navigation alone; however, formalized partnerships, complementary state plans, and strong data systems allow public health to work effectively with partners across aging services, Medicaid, and community-based organizations.

**Public health policy is key to translating science into sustainable, practical systems.**

From promoting workforce development and public education, to establishing fortified data systems and multisector partnerships, state policies can reinforce HBI Road Map actions and lay the groundwork for long-term progress on brain health and caregiving.

# State Learning Community

Learning Objective	Supporting Activities
Increased knowledge of public health strategies and policy levers to support brain health and caregiving at the state level	<ul style="list-style-type: none"><li>• Learning sessions on topics such as policy process, funding mechanisms, and sustainability planning</li><li>• Cooperative calls</li><li>• Independent work</li></ul>
Increased capacity to advance data-based policies and sustainable strategies to promote brain health and/or support caregivers	<ul style="list-style-type: none"><li>• Development of a problem statement and initiative (e.g., policy development or other public health action)</li><li>• Technical assistance from ASTHO</li></ul>

# Equipping CHWs to Address ADRD in Their Communities

An ASTHO E-Learning Module

# CHWs: Level-Setting

Who are CHWs?



What skills/services do they provide?



Connection to public housing/housing authority  
residents?

# Key Aspects

- Free!
- Self-paced
- Interactive
- Data-based
- Community-driven
- Implementation-focused





Landing Page



Module 1: Risk Reduction



Module 2: Early Detection



Module 3: Caregiving



End of Course Survey

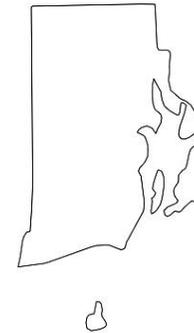
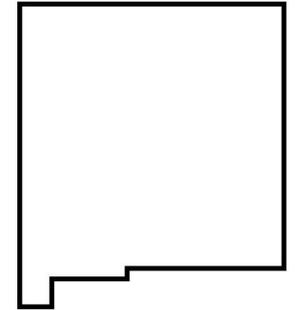
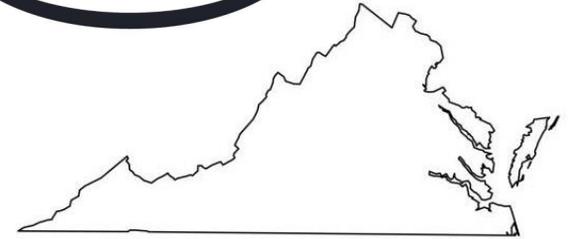
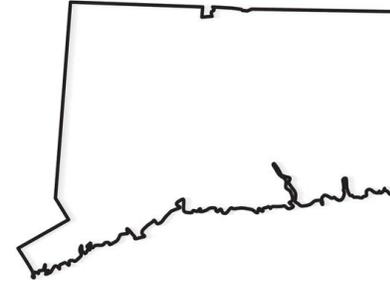


Certificate of Completion

# Featured Throughout the Modules



- **Reflection** prompts with text boxes
- 2 questions at the end of each module to **apply your knowledge**
- 2 **state spotlights** per module
  - Module 1: Connecticut and Virginia
  - Module 2: Tennessee and New Mexico
  - Module 3: Rhode Island and Minnesota
- National Association of Chronic Disease Directors' **Project ECHO video clips**
- Fictional **vignettes** to tie theory to practice
- National, local, and state-specific **resources**
  - If you want to add 1-2 state-specific resources to the module, please email [healthyaging@astho.org](mailto:healthyaging@astho.org)



# Landing

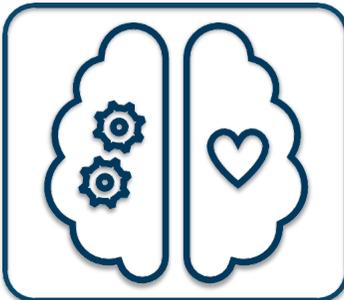
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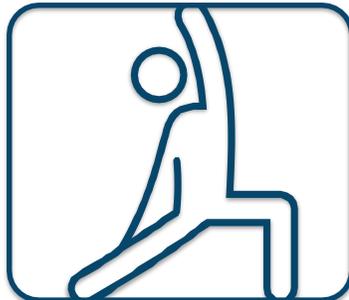
- Defines CHW.
- Lists core roles and skills as defined by CHWs themselves as a part of the [National C3 Council](#).
- Briefly summarizes the roles CHWs play in ADRD care.
- Defines ageism and provides resources to prevent it.
- Details what to expect throughout the rest of the course.



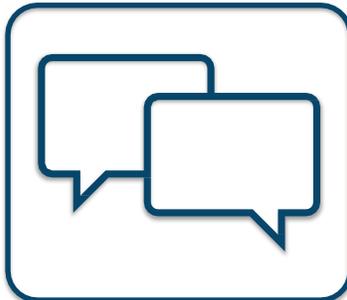
# Module 1 Highlights



Dementia as a public health priority



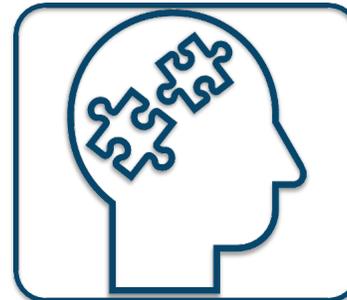
Key strategies to optimize brain health



CHWs as trusted leaders to promote health education, health communications, and self-agency



Non-clinical factors and connections to community and health related needs



Implementation - focused examples for CHWs to use and adapt to their contexts

# Module 2 Highlights



Early signs and symptoms of ADRD



Numerous benefits of early detection



Community-clinical linkages: screenings and referral systems



Sensitive & appropriate approaches



Barriers to detection and non-clinical factors

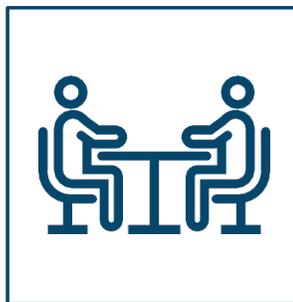


Community-based, stigma-free communication strategies

# Module 3 Highlights

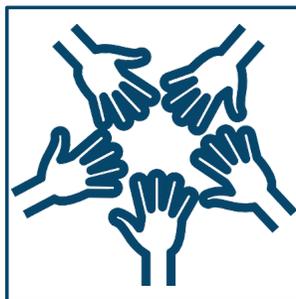


Challenges and opportunities of caregiving



Strategies for managing challenging behaviors

CHW core competencies alignment with caregivers' needs



Effective communication

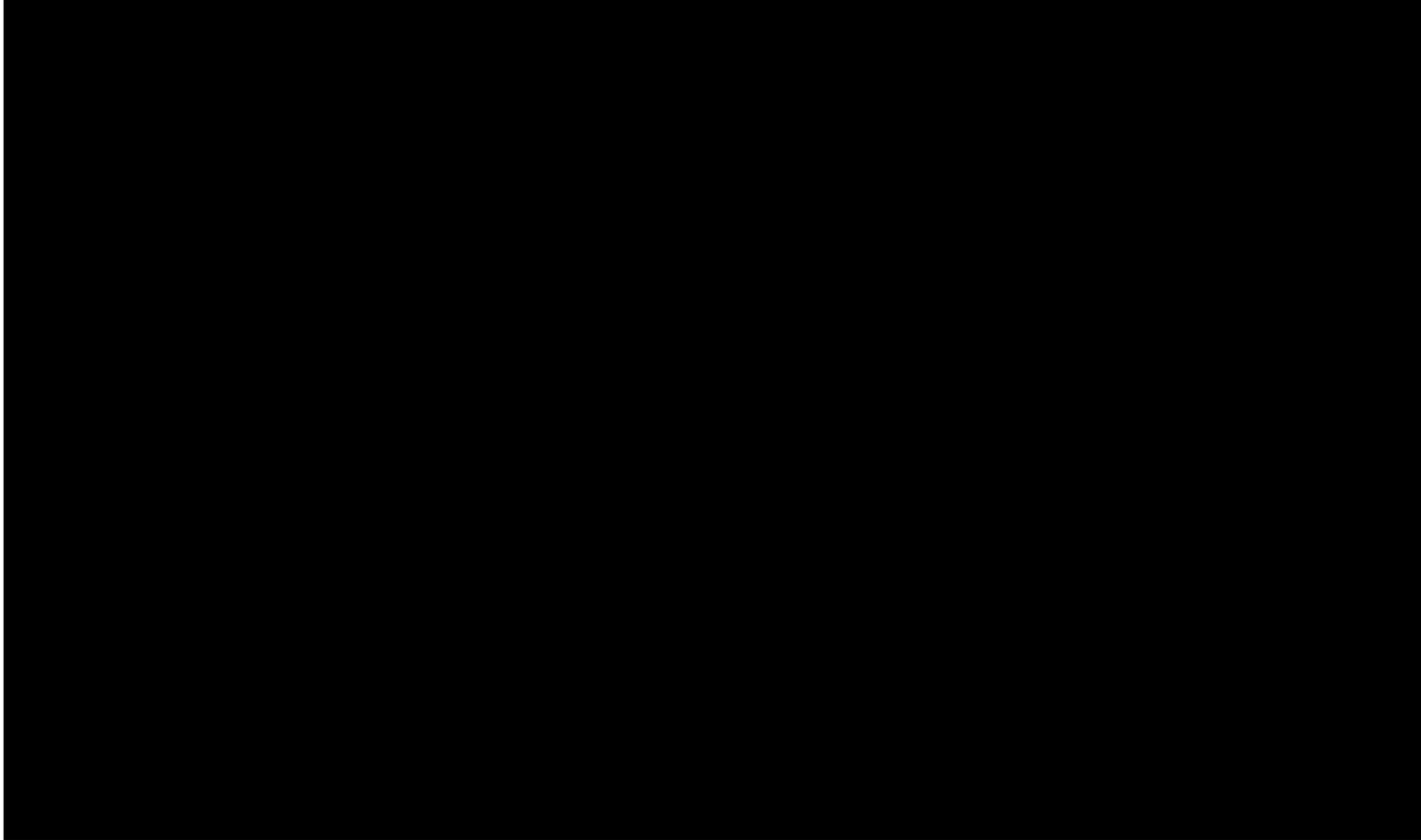


Person-directed care and individual humility



Caregiver self-care

# Quick Look





# CERTIFICATE OF COMPLETION

*This certificate is awarded to*  
**Corinne Gillenwater**

**SAMPLE**

for the fulfillment of  
Equipping Community Health Workers to Address Alzheimer's Disease and  
Related Dementias in Their Communities  
and successful completion of 1.5 hours of participation

*Your dedication and commitment to learning have led to this achievement. ASTHO looks forward  
to your application of the material and its impact on your community's health and well-being.*

September 4, 2025

# ASTHO Key Takeaways

## CHWs

- Take the training! In eligible states, use the certificate of completion toward certification or continuing education units.
- Share any suggested edits/requests for quality improvement with us at [healthyaging@astho.org](mailto:healthyaging@astho.org)!

## Clinical Staff

- Create a rollout plan for the training, emphasizing its benefits.
  - Share your rollout plan with us at [healthyaging@astho.org](mailto:healthyaging@astho.org)!
- Collaborate with your state or local health department to better integrate CHWs into the comprehensive care team.

*Funding for the projects presented was made possible by the Centers for Disease Control and Prevention. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.*



Stay  
touch!  
in

[healthyaging@astho.or](mailto:healthyaging@astho.or)



# Questions?

*This presentation is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$550,000 with 0 percent financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by, HRSA, HHS, or the U.S. Government.*





# Evaluation



## Feb 10 - Evaluation & Contact Hours: *Care for Aging Residents of Public Housing- Session 4*

Thank you for participating in today's training. Please complete the following evaluation to provide feedback on the training and suggest future training topics. If you seek continuing nursing professional development contact hours, please provide the required information to receive your certificate. For any questions or concerns, please contact Regina Brecker at [rbrecker@phmc.org](mailto:rbrecker@phmc.org).

Would you like Nursing Continuing Professional Development credit for this training? \*

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# Certificate

Once you submit the evaluation, please wait approximately **20 minutes** for your certificate to arrive. It will come from “Smartsheet Automation,” and be linked at the **very bottom of the email** (as seen below). You will not need to request access.

NNCC Certificate for Optimizing Case Management for Patient-Centered T...



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To Regina Brecker



10:27 AM

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If you have any questions or need further assistance, please feel free to reach out to Jillian Bird at [jbird@phmc.org](mailto:jbird@phmc.org) or Regina Brecker at [rbrecker@phmc.org](mailto:rbrecker@phmc.org)

Thank you for your participation!

ANCC115 2025.09.25 Optimizing Case Mgmt-Telehealth

## Details

Changes since 9/25/25, 10:25 AM

1 row added , 1 row changed  
1 attachment added

1 row added or updated (shown in yellow)

[Row 2](#)

First and Last Name

Regina Brecker

Changes made by [web-form@smartsheet.com](mailto:web-form@smartsheet.com), [automation@smartsheet.com](mailto:automation@smartsheet.com)

1 attachment added

[Optimizing Case Management for Patient-Centered Telehealth Care- Certificate.pdf](#)  
(126k) added by [automation@smartsheet.com](mailto:automation@smartsheet.com) on Row 2: Regina Brecker



# Access Health Center Resources

## NNCC Resource Library



[Login](#) | [Join](#)

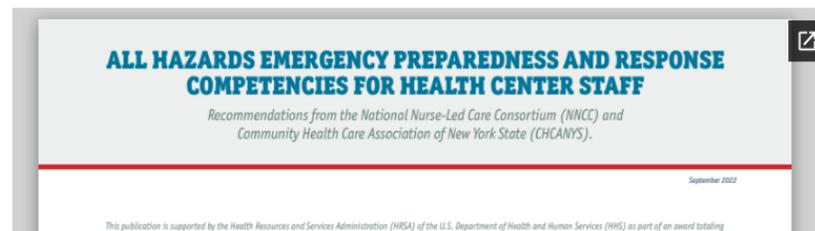
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### **All Hazards Emergency Preparedness and Response Competencies for Health Center Staff**

To successfully perform their assigned emergency/disaster roles, health center staff must understand how their organization will respond to hazards, including the use of altered management structures and modified operations. The National Nurse-Led Care Consortium (NNCC) and the Community Health Care Association of New York State (CHCANYS) created a set of competencies to improve the emergency and disaster preparedness of all health center staff. This publication provides a comprehensive overview of those competencies and sub-competencies, as well as a description of their development process. The competencies are intended to form the foundation of health center staff education and preparedness for all-hazards emergency and disaster response and will allow health centers to direct their limited training time and resources to cover the most essential preparedness aspects.



# Upcoming Trainings

## February 12, 2026 - 3 pm EST

- Radon and Respiratory Health: Addressing Hidden Housing Hazards in Health Center Communities
- *Registration:*  
[https://us06web.zoom.us/webinar/register/WN\\_CSjgwf8SMStmx-anqMf\\_w](https://us06web.zoom.us/webinar/register/WN_CSjgwf8SMStmx-anqMf_w)

## March 3, 10, 17, & 24, 2026 - 3 pm EST

- Improving Access: A Training Series on Cervical Cancer Screening and Prevention for Health Centers
- *Registration:* [https://us02web.zoom.us/webinar/register/WN\\_Bs53T-k4S\\_C\\_LeRlXO2pU2](https://us02web.zoom.us/webinar/register/WN_Bs53T-k4S_C_LeRlXO2pU2)

## March 4, 2026 - 3 pm EST

- Comprehensive Case Management for Prenatal Care in Health Centers: Improving Access and Outcomes
- *Registration:* [https://us02web.zoom.us/webinar/register/WN\\_tZvwoSTTT3-ey4vVznEgmg](https://us02web.zoom.us/webinar/register/WN_tZvwoSTTT3-ey4vVznEgmg)

## March 5, 2026 - 3 pm EST

- Expanding Access: Leveraging Patient Support Services to Increase Cancer Screening Rates
- *Registration:* [https://us02web.zoom.us/webinar/register/WN\\_B8A7zQ1XTbqemrnfPh8cWg](https://us02web.zoom.us/webinar/register/WN_B8A7zQ1XTbqemrnfPh8cWg)



# Thank You!

If you have any further questions  
or concerns please reach out to  
Regina Brecker at [rbrecker@phmc.org](mailto:rbrecker@phmc.org)

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